Paul R. L'Espérance, MN, MA, RN, CCRN

PROFESSIONAL SUMMARY

Nationally certified critical care Nurse with accomplishments in medical-surgical/intermediate care, critical care, nursing management, and counseling roles. My long-term goal is to advance the profession of nursing through education and promotion of Christian values. I am passionate about the nursing profession with expertise in critical care nursing, cardiovascular nursing, As the school of nursing's faculty lead in nursing curriculum, I am interested in implementing innovations in nursing education.

EDUCATION CREDENTIALS

Master of Nursing, Education: Oregon Health and Science University, OR, 2015
Master of Arts, Counseling: Webster University, St. Louis, MO, 2000
Bachelor of Science, Nursing: University of New Mexico, NM, 2004
Bachelor of Arts, Psychology: New Mexico State University, NM, 1997

CAREER HISTORY

George Fox University School of Nursing (BSN Program): August 2012-Present
Assistant Professor of Nursing (January 2013-Present)
Courses taught-
NURS 330 Nursing Research (Spring 2015)
NURS 440 Mental Health Nursing (Spring 2014, Fall 2014, Spring 2015)
NURS 443 Mental Health Nursing Practicum (Spring 2014, Fall 2014, Spring 2015)
NURS 413 Nursing Leadership Practicum (Fall 2014, Spring 2015)
NURS 323 Medical/Surgical Nursing II Practicum (Spring 2014)

Adjunct Clinical Instructor (August 2012-December 2013)
Courses taught-
NURS 303 Medical/Surgical Nursing I Practicum (Fall 2012, Spring 2013, Fall 2014, Spring 2014)
NURS 323, Medical/Surgical Nursing Practicum II (Fall 2012, Spring 2013, Fall 2014, Spring 2014)
NURS 440 Psychiatric Mental Health Nursing (Spring 2014)
NURS 443 Psychiatric Mental Health Nursing Practicum (Spring 2014)
Responsible for the professional development of up to 9 nursing students in a local hospital. Graded weekly assignments and evaluated student progress based on QSEN competencies. Major duties include clinical skills acquisition through total patient care, concept-based learning assignments, and facilitation of learning through SIM lab. Facilitated NURS 440 didactic course.

Oregon Health and Science University Hospital: January 2005-March 2009 and April 2010-Present
Staff Nurse: 2005-2008 Cardiac/Vascular Intermediate Care Unit and 2010-Present (Cardiac/Medical ICU)
Nurse Manager: 2008-2009 Cardiac/Vascular Intermediate Care Unit
While accepting increasing levels of responsibility, cared for cardiac surgery, thoracic surgery, vascular surgery, and cardiology patients. Conducted moderate sedation, monitored femoral arterial lines, and pulled sheaths at the bedside. Worked with nursing students teaching basic nursing care, protocol, and proper procedure for various treatments. Functioned as nurse manager of this unit for approximately 1 year. In the Cardiac/Medical Intensive Care Unit, responsible for primary care of critically ill patients such as respiratory failure, sepsis, liver failure, cardiology patients (including STEMI and NSTEMI), heart failure, bone marrow transplant, and, drug overdose, and ESRD. Various duties included vasoactive medication drip management, cardioversions, code blue participation per ACLS protocol, and ventilator management. As a nurse manager, responsible for an inpatient hospital unit consisting of 30 beds and managed staff of about 90 FTE. Maintained fiscal responsibility of unit operations and budget.

Southwest Washington Medical Center: March 2009-April 2010
Clinical Nurse Manager
Provide oversight a progressive care unit by providing organizational leadership in the identification, planning, and implementation of operational and clinical services. Manage staff of 80 FTE to include coaching, counseling, and disciplinary action, performance management, and staff development. Ensured quality care, clinical oversight of patient care, and fiscal responsibility.

ResCare New Mexico Youth Services
Professional Counselor: 2003-2004
Provided individual, family, and group counseling to adolescents who have had a history of neglect and abuse. Diagnosed and treated mental health disorders. Utilized crisis intervention techniques during emergency situations.

Namaste, Inc
Treatment Coordinator: 1998-2000
Professional Counselor: 2000-2003
Provided counseling to children and their families. Assessed child home environment to determine safety and indicators for abuse. Provided clinical leadership and crisis intervention on a 24/7 basis. Worked closely with care providers to ensure emotional and behavioral goals are being met. Conducted assessments to determine clinical need for mental health treatment.

PUBLICATION and RESEARCH EXPERIENCE

Thompson, Laura A; L'Esperance, Paul R; and Williams, Keith L. (2001) Context-dependent memory under stressful conditions: The case of skydiving. *Human Factors*, 43(4), 611-619.

A Multicultural Life-Study of Mexican-Americans (1998)
Under indirect supervision at the University of New Mexico, designed a qualitative study examining the cultural aspects of the lives of Mexican-Americans and how their cultural norms influence their day-to-day lives.

The Contextual Effects of Encoding and Retrieval Processes in Memory. (Senior Thesis) (1997)
Designed a balanced Latin Square experiment, collected and analyzed data, performed literatures search. Presented final thesis to the Department of Psychology at New Mexico State University.

The Impact of Skin Color, Self-Esteem, and Acculturation on the Self-Expressiveness of Mexican-American Adolescents. (1997)
Under indirect supervision at New Mexico State University, performed literature review for the manuscript.

Encoding and Memory for Visible Speech and Gestures between Young and Old Adults. (1996)
Under indirect supervision, collected experimental data. Administered portions of the WAIS-R Intelligence test to adults. Recruited senior citizens from a retirement home to participate in the study.

COMMITTEES AND ACTIVITIES

OHSU Hospital Staffing Committee
Presentation: Safety in Numbers Conference, Building a Viable Staffing Committee, November 2008
Unit-Based Nursing Practice Council: Chair, Staffing Committee Chair, Quality Chair
OHSU Reward and Recognition Task Force
Cardiac/Medical ICU Comprehensive Unit-Based Safety Program (CUSP) Committee

OTHER RELATED CONTINUED EDUCATION

Facilitating Developmental Attachment and Psychotherapy Workshop: February 2000 – 7 hours
Navajo Nation Cultural Sensitivity raining: April 2000 – 16 hours
Play Therapy: Facilitating Attachment Conference: May 2000 – 16 hours
Intensive Integrative Therapy with Attachment Resistant Children January 2002 – 6 hours
Pharmacology for psychotropic medications: July 2003 – 15 hours
21st Century Ethics in Counseling and Healthcare Practice: July 2003 – 6 hours
Prevention and Management of Wounds: March 2006 – 8 hours
Peripheral Artery Disease: Identification and Management of Risk: April 2006 – 2 Hours
12 Lead ECG Interpretation: September 2006 – 32 hours
Safety in Numbers: Oregon's Nurse Staffing Law: November 2008 – 4 hours
X32 Healthcare Advanced Hospital Operations Course: June 2009 – 40 hours
Introduction to Critical Care Nursing: April 2010 - 40.5 hours
Critical Care Symposium: November 2010 – 16 hours
CMICU Critical Care Professional Development Day: January 2011 – 8 hours
OHSU Preceptor Development Workshop: November 2011 – 5.5 hours
OHSU Critical Care Professional Development Day January 2012 – 8 hours
OHSU Critical Care Professional Development Day January 2013 – 8 hours

CERTIFICATIONS AND LICENSES

Registered Nurse (RN), State of Oregon
Nationally Certified Critical Care Nurse (CCRN), American Association of Critical Care Nurses
Advanced Cardiac Life Support (ACLS), American Heart Association

Basic Life Support (BLS), American Heart Association

AFFILIATIONS

American Association of Critical Care Nurses
American Nurses Association