

## **Taming the Trauma: Using Flexibly Sequential Play Therapy with Traumatized Children**

Flexibly Sequential Play Therapy (FSPT) is a developmentally sensitive trauma model that translates evidence-informed trauma interventions into fun, playful and clinically sound play-based interventions. The FSPT model shows how to develop a bedrock of safety and nurture through the play environment that mitigates the family's approach to hard content. Treatment goals will target enhancing safety and security, assessing and augmenting coping, soothing the physiology, creating trauma narratives through play and other expressive arts, and addressing cognitive distortions. Clinicians will leave with a better understanding of how to weave directive and non-directive approaches together while practically expanding their toolkits by dozens of interventions.

### **Learning objectives:**

After the workshop, participants will be able to:

1. State at least four self-directed ways in which children use the playroom to increase their sense of safety and security.
2. Describe four play-based interventions that decrease a child's physiological arousal.
3. List four play therapy strategies that augment a child's positive coping repertoire.
4. Describe four play-based mediums that enrich a client's trauma narrative work.



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*George Fox University  
Northwest Center for Play Therapy Studies  
12753 S.W. 68th Ave., P5.10  
Portland, OR 97223*

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GEORGE FOX UNIVERSITY  
NORTHWEST CENTER FOR  
PLAY THERAPY STUDIES

*Presents*

## **Fourteenth Annual Fall Play Therapy Conference**

*Featuring*

# **Taming the Trauma: Using Flexibly Sequential Play Therapy with Traumatized Children**

*with*

**Paris Goodyear-Brown,  
LCSW, RPT-S**

**Friday, Nov. 4, 2016**

**8:30 a.m. to 4 p.m.**

**George Fox University – Portland Center  
Portland, Ore.**

## Paris Goodyear-Brown, LCSW, RPT-S,

the founder and director of Nurture House, is a Licensed Clinical Social Worker and a Registered Play Therapist-Supervisor with 20 years of experience in treating families in need. While she specializes in treating trauma (sexual abuse, physical abuse, maltreatment and neglect) and attachment disturbances, she often provides help for anxious, angry or depressed children and teens.

A child development expert, she frequently provides parent consultation, dyadic assessment and parent coaching to help parents manage and resolve their children's behavior problems. She is an adjunct instructor of psychiatric mental health at Vanderbilt University, guest lecturer for several universities in middle Tennessee, and has an international reputation as a dynamic speaker and innovative clinician. She provides play therapy and licensure supervision and consults with various school districts, agencies and mental health organizations to help develop play therapy programs and create more developmentally sensitive programming.

With trainings in Morocco, Australia, England and Sweden, as well as frequent domestic presentations, she is best known for developing clinically sound, play-based interventions that are used to treat a variety of childhood problems. She has received the Association for Play Therapy's Public Education and Promotion Award. She is the author of multiple books, chapters and articles related to child therapy. Her newest books include *Tackling Touchy Subjects*, the *Handbook of Child Sexual Abuse: Identification, Assessment, and Treatment*, *Play Therapy with Traumatized Children: A Prescriptive Approach* and *The Worry Wars: An Anxiety Workbook for Kids and their Helpful Adults*.

### Daily Schedule

8 a.m.	Registration
8:30 a.m.	Conference
10:15 a.m.	Break
10:30 a.m.	Conference
Noon	Lunch (on your own)
1 p.m.	Conference
2:30 p.m.	Break
2:45 p.m.	Conference
4 p.m.	Adjournment



## Northwest Center for Play Therapy Studies

The Graduate School of Counseling at George Fox University is pleased to be the home of the Northwest Center for Play Therapy Studies (NWCPTS), established in 2003. Under the direction of Dr. Daniel Sweeney, the NWCPTS is the largest university-based center focused on the study and promotion of play therapy in the northwest United States.

[nwplaytherapy.org](http://nwplaytherapy.org)

### Continuing Education

The Northwest Center for Play Therapy Studies and George Fox University will offer 6.0 contact hours of Continuing Education (CE) for each workshop day.

#### The following approvals are available:

- National Board of Certified Counselors (NBCC)
- Association for Play Therapy [APT Approved Provider 03-134]
- National Association of Social Workers (NASW)

George Fox University/Northwest Center for Play Therapy Studies has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4447. Programs that do not qualify for NBCC credit are clearly identified. George Fox University/Northwest Center for Play Therapy Studies is solely responsible for all aspects of the programs. George Fox University/Northwest Center for Play Therapy Studies is an APT-Approved Provider (#03-134) and retains sole and ultimate responsibility for the quality, conduct of, and record keeping for such programs. This program is approved by the National Association of Social Workers (Approval # 88-6411347) for six (6) continuing education contact hours.

### Conference Location

George Fox University – Portland Center  
12753 S.W. 68th Ave.  
Portland, OR 97223

## Play Therapy Conference Registration

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Fall Play Therapy Conference fee (before Oct. 21, 2016) \$139 \_\_\_\_\_

Fall Play Therapy Conference fee (after Oct. 21 or on-site, space permitting) \$155 \_\_\_\_\_

Student conference fee (proof of full-time student must be submitted) \$99 \_\_\_\_\_

Total enclosed\* \_\_\_\_\_

Make check payable to: **George Fox University**

To register online with your credit card, please go to:  
**[nwplaytherapy.org](http://nwplaytherapy.org)**

Or mail your check and this form to:

**Northwest Center for Play Therapy Studies**  
**George Fox University**  
**12753 S.W. 68th Ave., P510**  
**Portland, OR 97223**

Email confirmation will be sent following receipt of registration.

For more information:

**503-554-6104**  
**[playtherapy@georgefox.edu](mailto:playtherapy@georgefox.edu)**

For further information, call **503-554-6104**  
or email **[playtherapy@georgefox.edu](mailto:playtherapy@georgefox.edu)**

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\*Cancellations must be received in writing seven days prior to the conference to receive a refund, and are subject to a \$25 processing fee. No refunds will be made after Oct. 21, 2016. In the unlikely event of a workshop cancellation, the NWCPTS is only responsible for a refund of the workshop fee.