

Assessment Plan

2017-18



Program (CBHS) - Health and Human Performance

University Mission: George Fox University, a Christ-centered community, prepares students spiritually, academically, and professionally to think with clarity, act with integrity, and serve with passion.

Program Mission: Provide a comprehensive science-based education and clinical foundation in a Christian college setting.

Alignment of Program Mission to GFU Mission: In addition to helping build Christ-centered community, the program prepares students academically for graduate study and/or professional practice.

Degree Outcomes:

Graduates with a BS in health and human performance will:

- + Understand the role of physical activity in personal health and wellness
- + Apply scientific concepts toward assessing, promoting or enhancing physical health, fitness or performance
- + Communicate, both orally and in writing effectively
- + Analyze, evaluate and integrate information from physical education research

Assessment Coordinator: Steve Grant

Outcome: Anatomy and Physiology

Students understand the human body.

Outcome Status: Active

Assessment Tools

Final grades in Anatomy and Physiology, Exercise Physiology and Kinesiology. (Active)

Target: At least 70% of students receive a final grade of "C" or better in all three courses.

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15 of each year.

Related Goals

Program (CBHS) - Health and Human Performance

Students develop a passion for learning about the human body and have a greater appreciation for its development, function and spiritual nature.

Outcome: Scientific research

Students gain proficiency in asking relevant questions, collecting data, presenting results and evaluating results.

Assessment Tools

Senior Seminar research paper and presentation (Active)

Target: At least 90% of seniors will achieve a B or better

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15

Program (CBHS) - Health and Human Performance

Related Goals

Program (CBHS) - Health and Human Performance

Students will use scientific research processes effectively.

Outcome: Scientific Concepts

Students will apply scientific concepts toward assessing, promoting or enhancing physical health, fitness or performance.

Assessment Tools

Senior Seminar final grade (Active)

Target: At least 90% of students receive a final grade of B or better

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15

Exercise Prescription final grade (Active)

Target: At least 90% of students receive a B or better

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15

Health and PE Methods final grade (Active)

Target: At least 90% of students receive a B or better

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15

Related Goals

Program (CBHS) - Health and Human Performance

Students will demonstrate proficiency in the scientific concepts and application of principles to lead clients to better health.

Outcome: Application of Principles

Students will be able to practically apply scientific concepts

Assessment Tools

Senior Seminar final grade (Active)

Target: At least 90% of students will receive a grade of B or better

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15

Principles of Conditioning final grade (Active)

Target: At least 90% of students receive a B or better

Schedule for Data Collection: Annual

Schedule for Data Analysis & Reporting: May 15

Program (CBHS) - Health and Human Performance

Related Goals

Program (CBHS) - Health and Human Performance

Students will possess the requisite knowledge to work in science-related fields or in teaching related to exercise and physical activity.
