

A C A D E M I C R E S O U R C E C E N T E R



SPRING 2012

W O R K S H O P S

Where Does the Time Go?**Effective Time Management**

Friday, Jan. 20, 10:40-11:30 a.m. | EHS 125

Rick Muthiah, Dean of Learning Support Services

Students have multiple activities to juggle: Class, assignments, friends, family, activities. The list goes on. In this workshop, Rick Muthiah, dean of learning support services, will provide tools and tips for managing your time effectively.

Using APA Format Effectively

Friday, Feb. 3, 10:40-11:30 a.m. | Hoover 105

Sue O'Donnell, Associate Professor of Psychology

Stressed out because you don't know APA style for citations? This workshop is for you. Sue O'Donnell, associate professor of psychology, will cover American Psychological Association citation and reference formatting, along with several guidelines for writing in APA style.

Take Note(s): Strategies for Learning

Friday, Feb. 10, 10:40-11:30 a.m. | EHS 125

Rick Muthiah, Dean of Learning Support Services

Taking notes is a core element of college success, yet many students under-utilize the learning tool they have just created. Rick Muthiah, dean of learning support services, will discuss several notetaking methods and will provide strategies for maximizing learning from your notes..

Steps to a Writing a Successful Research Paper

Friday, Feb. 17, 10:40-11:30 a.m.. | EHS 125

Gary Tandy, Professor of English, and
Jane Scott, Public Services Librarian

Research papers can seem overwhelming, but following a step-by-step, organized approach can make your life much less stressful. This session will walk through those steps and guide you to campus and Internet resources to help make you a research pro.

Financial Follies

Friday, March 2, 10:40-11:30 a.m.. | EHS 125

Ryan Halley, Associate Professor of Finance

Have you wondered what it would be like to have more freedom with your personal finances? Have you ever been stressed about your financial situation? If so, come find out what you need to know about money. You'll be surprised how simple this process can be. This workshop will provide information on a variety of personal finance topics, including budgeting, credit cards, and student loans.

Managing Stress

Friday, March 9, 10:40-11:30 a.m. | EHS 125

Laura Helmer, Health and Counseling Center

This workshop will give effective and concrete tools to help college students manage the stress of college. Topics will include time management, test anxiety, relationship issues, and utilizing stress to your advantage.

**Sources, Citations, and References,
Oh My! A Look at Bibliographic
Management Tools**

Friday, March 16, 10:40-11:30 a.m. | EHS 125

Rick Muthiah, Dean of Learning Support Services

Research papers require proper citation of sources and creation of a reference list or bibliography. Several tools are available to help manage the process of documentation. Knowing about these tools can simplify your research process, whether now or in graduate school.



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