

# Discipline

People who are especially talented in the Discipline theme enjoy routine and structure. Their world is best described by the order they create.



## General Academic Life Tips

- Schedule all assignments, exams, and papers due for the term.
- Clean and organize your living space before any major assignments are due or before an examination period.
- If you are in a self-paced class or a class with minimal structure, develop your own structure to ensure that you meet the class requirements.
- Don't be afraid to color-code tasks on your calendar and your textbooks or notes. This will help you focus and prioritize what you are learning and doing.



## Extracurricular Activities

- Volunteer to be a timekeeper for an event. Your accuracy will be appreciated.
- Join a group in which you can use your organizational talents to help plan some major events, breaking down tasks to ensure that deadlines will be met.
- Organize a monthly or quarterly "clean up" on your living floor, in which people clear away excess papers, files, clothing, etc. Play some music, and arrange to have food brought in to make the task more appealing and fun for others.



## Career Development Tips

- Lay out all the steps of the career planning process and follow them one by one. Put the steps on a timeline, as timelines often motivate you.
- Environments in which you can maintain order for yourself and others will enable you to be most effective. Your organizational talents can be useful in a wide variety of settings.
- Environments that are structured and detail-oriented, with clearly established routines and procedures, will likely bring out your best. Cluttered, unpredictable environments may not allow your Discipline talents to flourish.
- Work that demands high levels of abstract thinking probably will not be comfortable for you. A daily routine and concrete expectations from others likely will enable you to be most productive.
- Environments that value attention to detail and commitment to accuracy will be a good fit for you. Read about the work that air traffic controllers, brain surgeons, tax specialists, and executive assistants do.