

Dear Elderhostel Participant,

Soon you will arrive at Tilikum Center for Retreats, a ministry of George Fox University. We are excited you are coming! We believe you will find Tilikum to be a warm, friendly environment, with an interesting mix of the down home feel and academic challenge you seek.

The Retreat Center housing this Elderhostel program has a welcoming, relaxing feel and comfortable spaces throughout. Tilikum's grounds boast a 15-acre lake, ideal for canoeing and fishing, forested walking trails, a restored 100-year old schoolhouse, and barn complete with llamas, goat, and hand-painted mural. Tilikum's beautiful, relaxed rural atmosphere, along with knowledgeable, committed class instructors eagerly awaits your arrival.

We will do our best to make you feel welcome and comfortable during your stay. The following information will help you prepare for your week with us.

**Registration:** Registration will take place at the Retreat Center from **4:00 – 6:00 pm** on Sunday. Please note that we have weekend retreat groups on the grounds until **2:00 pm**. **Your room will be cleaned and ready by 5:00 pm. The official program will begin with dinner at 6:00 pm.** If you will be arriving after 6:00 pm, please call our office ahead of time at (503) 538-2763 to make special arrangements.

<b>Arrival Schedule:</b> Sunday	4:00 – 6:00 pm	Registration/Check-in
	6:00 pm	Dinner
	7:15 pm	Orientation & Introductions

**Program Note:** Be prepared to enjoy a week of classes, field trips and lively discussions. Our program will conclude with lunch on Friday. Most evenings will include free time with optional programmed activities. Some class sessions may take place in the evening depending upon the daily schedule of your specific program.

**Location/Transportation:** Tilikum is located seven miles west of Newberg, just off of Highway 240. The enclosed map will help you find our grounds. If you are traveling by plane, bus or train, and need transportation from Portland, please complete the transportation form included in this packet. We will contact you a week prior for pick up times and location.

**Housing:** The Retreat Center is a rambling, comfortable country house with pleasant lounge areas, dining room, library and solarium. All sleeping and meeting rooms are individually heated. All sleeping rooms include private baths. Towels and bed linens are provided; you need to bring only your own personal toiletries. The Retreat Center is two-story with the dining room and meeting space located on the lower floor. If you have trouble navigating stairs, be sure to note that on your health form. We can assign you a downstairs bedroom so you will have to travel stairs as little as possible. Reminder: smoking is not permitted inside any of our facilities, and Tilikum is a pet- and alcohol-free facility.

**Clothing:** Since Oregon weather can often be unpredictable, we highly recommend planning layers into your wardrobe (i.e. jackets/sweatshirts, pant/shorts, etc). It's always good to be prepared for any type of weather. A raincoat and walking shoes are suggested.

**Amenities:** Laundry facilities and soap are provided free of charge. Canoes and fishing poles (and bait) are available, also at no extra cost.

**Meals:** Tilikum's dining room is presided over by chefs who truly enjoy cooking and serving meals with a personal touch. Our meals are served home style, with plenty of variety; menus are planned to meet your specific needs. We can accommodate special diets **if we know about them ahead of time**. Please indicate special diet needs on the health form.

**CONTACT INFORMATION FOR YOUR FAMILY AND FRIENDS:**

**Address:**

Your Name  
Tilikum Retreat Center  
15321 NE North Valley Rd  
Newberg, Oregon 97132

**Telephone:**

Day: (503) 538-2763 – Tilikum Office  
**Emergencies Only**  
Emergency Message Pager:  
Evening/Weekends (503) 238-2626

To help prepare for your arrival, please print and return the following forms at least 7 days prior to your arrival:

1. **Health/Emergency:** Please fill in the appropriate information. This will enable us to note special needs you may have and will serve as a reference during your stay. It is essential that we have this information before you arrive.
2. **Getting to Know You:** Four our program book and to help us plan our time together.
3. **Transportation Form:** Return this form **only** if you will need assistance to or from Portland.

The entire Tilikum staff is looking forward to meeting you and hopes this Elderhostel experience is memorable and rewarding. If you have any additional questions, please call (503) 538-2763 or email me at [csteele@georgefox.edu](mailto:csteele@georgefox.edu).

Sincerely,

Chris Steele  
Tilikum Elderhostel Coordinator