

May 26, 2006

Dear Elderhostel participant,

In a few short weeks, you will arrive at Tilikum Center for Retreats, a ministry of George Fox University. We are excited you are coming! We believe you will find Tilikum to be a warm, friendly environment, with an interesting mix of facilities and activities that will appeal to both you and your grandchildren in attendance.

The retreat center housing this Elderhostel program has a welcoming, relaxing feel and comfortable spaces throughout. Tilikum's grounds boast a 15-acre lake, ideal for canoeing and fishing, forested walking trails, a restored 100-year old schoolhouse, and a barn complete with llamas, goat and hand painted mural. Tilikum's beautiful, peaceful rural atmosphere, along with knowledgeable, committed class instructors, eagerly awaits your arrival. We will do our best to make you feel welcome and comfortable during your stay. The following information will help you prepare for your week with us.

**REGISTRATION:** Registration will take place between **4:00-6:00 pm** on Sunday, July 9, 2005. Please note that we have weekend retreat groups on the grounds until **2:00 pm**. **Your room will be cleaned and ready by 5:00 pm. The official program will begin with dinner at 6:00 pm.** If you will be arriving after 6:00 pm, please call our office ahead of time (503) 538-2763 to make special arrangements.

<b>ARRIVAL SCHEDULE:</b> Sunday	4:00-6:00 pm	Check-in
	6:00 pm	Dinner
	7:00 pm	Orientation & Introductions

Be prepared to enjoy a week of classes, field trips, and lively discussions. We will spend Tuesday night at a hotel along the Columbia River, so plan to bring a small overnight bag for this leg of the journey. Our program will conclude with lunch on Friday, the 14th.

**LOCATION/TRANSPORTATION:** Tilikum is located seven miles west of Newberg off of Hwy. 240. The enclosed map will help you find our grounds. If you are traveling by plane, bus or train and need transportation from Portland, please complete the transportation form included in this package.

**HOUSING:** The Retreat Center is a comfortable remodeled "home" with common lounge areas, dining room, meeting spaces, and billiards, foosball and ping pong available. Most rooms sleep three in all single beds. The third bed is an upper bunk (with safety rail) and each family will have their own private bath. Families of four will have two rooms next door to each other. Towels and bed linens are provided; you need to bring only your own personal soap, shampoo, etc. The retreat center is two-story with dining room and meeting space located on the lower floor. If you have trouble navigating stairs, be sure to note that on your health form. We can assign you a downstairs bedroom so you will have to travel stairs as little as possible.

**CLOTHING:** July in the Northwest is beautiful, with average temperatures in the upper 70's, although it's always good to be prepared for any type of weather. A raincoat and walking shoes are highly recommended. There will be opportunities to swim both at Tilikum and the hotel on Tuesday night so pack accordingly.

**AMENITIES:** Laundry facilities and soap are provided free of charge. Canoes and fishing poles (and bait) are available, also at no extra cost. A phone is available in the retreat center but you will need a credit card or calling card in order to make long distance calls.

**MEALS:** Tilikum's dining room is presided over by chefs who truly enjoy cooking and serving our guests. Our meals are served home style with a touch of culinary flare; menus are planned to meet your specific needs. We can accommodate special diets **if we know about them ahead of time**. Please indicate special diet needs on the enclosed health form.

**CONTACT INFORMATION FOR YOUR FAMILY AND FRIENDS:**

**Address:**

Your Name  
Tilikum Retreat Center  
15321 NE North Valley RD  
Newberg, OR 97132

**Telephone:**

Day: (503) 538-2763 - Tilikum Office  
**Emergencies Only**  
Emergency Message Pager:  
Evenings/Weekends (503) 817-5254

To help prepare for your arrival, please return the following forms in the enclosed envelope by July 1, 2006:

- Health/Emergency:** Be sure to sign the agreement on the back regarding the supervision expectations of your grandchild.
- Getting to Know You**
- Transportation Form:** Return this form only if you need assistance to or from Portland
- Be sure your grandchild's information is returned to Tilikum as well** (see below).

Finally, please forward the smaller enclosed packet to your grandchild(ren) as we do not have access to their addresses. It includes information about the program and Oregon area, a health history form, getting to know you information, and an essential "what to bring list."

The entire Tilikum staff is looking forward to meeting you and hopes this Elderhostel experience is memorable and rewarding. If you have any additional questions, please call (503) 538-2763 or email me at [mwelton@georgefox.edu](mailto:mwelton@georgefox.edu).

Sincerely,

Michelle Welton  
Tilikum's Elderhostel Coordinator  
Enclosure