

The background of the cover is a photograph of a university campus. In the foreground, there is a well-maintained garden with green hedges and various flowers, including red and pink roses. In the middle ground, a large, leafy tree stands on the left, and a tall, brick tower with a pointed top is visible in the center. The background shows more trees and a clear blue sky. A diagonal graphic element, consisting of a light blue and light green triangle, is positioned in the upper left corner, partially overlapping the text.

# George Fox University Parent Handbook

2014 – 2015



## Welcome

Parents of undergraduate students are important to the George Fox University community. We understand that the college years will bring about tremendous change in your relationship with your son or daughter, and that neither one of you will emerge as the same people after this crucial span of four or five years. You've planned and sacrificed to give your son or daughter this opportunity at George Fox, and now you will partner with the

university as the changes unfold. Together we will pray for, invest in, guide, watch, wait for and counsel your son or daughter through this transformational time.

Throughout your student's college career, we desire you to feel connected to what is happening on campus, and how your student's life is being impacted. You are always welcome to join us on campus to eat a meal in the dining room or attend a class, a concert, or a game. You are welcome to contact people if you have questions, and we will do our best to find answers. You are also invited to participate in a number of events hosted for George Fox families through the coming year, either on campus or in your area.

We also hope you will feel informed about the processes and programs that support community life here at George Fox. The Parent Handbook is an essential tool toward accomplishing that mission. We hope you will take a moment to explore this interactive handbook. Read the brief descriptions for each area, and follow the links to the websites for comprehensive information about each department. For a quick reference guide to put in that special drawer in your home or office, a printable version is also available for you to download. If you don't find all of the information you need at your fingertips, please let us know and we will provide it to you.

Throughout the academic year the parent relations office will send an electronic newsletter to provide important information and update you on the challenges and dreams that impact the mission and vision of the university. We are pleased that you are a George Fox parent during this exciting time in our history. We don't want you to miss a moment of it!

I know that the George Fox college experience can be as special to you as it is for your son or daughter. So, enjoy your relationship with George Fox, and please let us know how we can help you to feel connected, informed and part of the family.

Warm regards,

Mary Monahan  
*Parent Relations*

## Table of Contents

<b>Letter from the Parent Relations Office</b>	<b>1</b>
<b>Important Dates</b>	<b>2</b>
<b>Events Especially for Parents and Families</b>	<b>2</b>
<b>How to connect with your student at GFU</b>	<b>3</b>
<b>Campus Contact Information</b>	<b>3</b>
<b>Student Stress Calendar</b>	<b>4</b>
<b>Your Student's Health on Campus</b>	<b>5</b>
<b>Parent Association</b>	<b>5</b>
<b>Student Life</b>	<b>6</b>
<b>Spiritual Life</b>	<b>7</b>
<b>Campus Security</b>	<b>7</b>
<b>IDEA Center</b>	<b>8</b>
<b>Student Organizations and Leadership</b>	<b>8</b>
<b>Inclusion and Leadership Programs</b>	<b>8</b>
<b>Intercollegiate Athletics</b>	<b>8</b>
<b>Newberg Area Churches</b>	<b>9</b>



## 2014 –2015

Place these dates on your calendar!

- August 21 Check-in for new students
- August 21-22 (Th/Fr) Welcome Weekend
- August 23 (8 a.m.) Check-in for returning students
- August 25 Fall semester classes begin
- September 3 Serve Day
- October 10 Mid-semester Break (no classes)
- October 24 – 25 Family Weekend
- November 27 – 28 Thanksgiving holiday
- December 8 Study Day (no classes)
- December 9 – 12 Finals Week
- December 13 Midyear Commencement
- December 13 (by noon) Residence halls close
- December 13 – January 11 Winter Break
- January 11 (at noon) Residence halls open
- January 12 Spring semester classes begin
- January 19 Martin Luther King holiday
- January 17 Bruin Madness V
- March 21 – 29 Spring Break
- April 3 Good Friday holiday
- April 27 Study Day (no classes)
- April 28 – May 1 Finals week
- May 2 Spring Commencement
- May 2 (by noon) Campus housing check-out

## Events Especially for Parents and Families

### Family Weekend

October 24 – 25, 2014

Parents, siblings and grandparents are welcome to join us for this annual event. Whether you are a recent addition to the university family or the parent of a student who will graduate soon, you will enjoy being on campus and taking part in the classes, culture and faith that are shaping and defining your student.

During Family Weekend you can meet professors, attend a play, concert, sporting event, participate in Family Bingo, and so much more! Registration will be available mid-August. We hope to see you there!



### Bruin Madness V

January 17, 2015

This annual event begins with a huge indoor tailgate party dinner and KidZone for children ages 1-12, with spirit activities for everyone! Continue the celebration at the basketball games as you cheer on and support our Bruin teams.



For a comprehensive university calendar of events, visit [georgefox.edu/calendar](http://georgefox.edu/calendar).

## How to Connect with Your Student on Campus

For detailed Mail Service information please visit [mailservices.georgefox.edu](http://mailservices.georgefox.edu)

### Send mail to:

#### For Box #s 4000-5160

Name of Student  
George Fox University  
418 N. Meridian St. # \_\_\_\_\_  
Newberg, OR 97132

#### For Box #s 5161-5999 and #7501-7700

Name of Student  
George Fox University  
420 N. Meridian St. # \_\_\_\_\_  
Newberg, OR 97132

#### For Box #s V181-V500

Name of Student  
George Fox University  
422 N. Meridian St. # \_\_\_\_\_  
Newberg, OR 97132



### Calling your student

All students need to provide their own telephone. Each residence hall room, suite, apartment and house is provided with a telephone line. Voicemail is available to students free of charge. One voice mailbox is provided with each telephone line.

For information on your student's housing, please visit [reslife.georgefox.edu](http://reslife.georgefox.edu).

## Campus Contact Information

All phone numbers start with **503-554**

• Information Desk	2099
• Academic Affairs	2140
• Admissions (Undergraduate)	2240
• Advancement /Giving	2115
• Alumni Relations	2134
• Athletics	2910
• BlueZone Store	2540
• Bon Appétit	2500
• Campus Security	2090
• Health and Counseling	2340
• IDEA Center	2330
• IT Service Desk	2569
• Mail Services	2555
• MLRC Library	2410
• Parent Relations	2134
• President's Office	2101
• Registrar	2210
• Residence Life	2310
• Spiritual Life	2320
• Student Financial Services	2300
• Student Life	2310
• Student Loans	2239

For a list of recommended lodging and shuttle services, visit [georgefox.edu/college-admissions/visit/amenities/index.html](http://georgefox.edu/college-admissions/visit/amenities/index.html).

## Student Stress Calendar

The college years are an exciting time of growth and discovery for the college student, but with every season of growth there are times of challenge. Here we lay out for you the “typical” stresses that students experience during their college years so you can anticipate their needs and know how to pray for them.

### Fall Semester

#### September

- Homesickness, especially for freshmen.
- International students sense confusion, vulnerability and lack of advocates.
- Roommate differences.
- Feelings of inadequacy and inferiority develop because of the discrepancy between high school status and grades and initial college performance.
- Social adjustments: dating, new friendships.
- Students bring problems from summer into the new academic year.
- Sleep deprivation from late study nights or hanging with friends.

#### October

- Freshmen begin to realize that life at college is not as perfect as they imagined.
- Overwhelmed by time management pressures.
- The novelty is gone; some question God’s leading to GFU.
- Grief develops because of inadequate skills for finding a social group or not being selected by one.
- Non-dating students sense a loss of esteem because so much value is placed upon dates.
- Mid-year is upon them and they are beginning to see how fast the semester goes by.

#### November

- Economic anxiety: funds from summer earnings and parents begin to run out.
- Academic pressure is beginning to mount.
- Pressure over plans for Thanksgiving; for some anxiety over being home for the first time.
- Depression and anxiety increase because of feelings that one should have adjusted to the college environment by now.
- Questions begin over whether to come back second semester.

#### December

- Pressure and stress of school is side-stepped because Christmas is fast approaching. “Holiday Spirit” is all-prevailing.
- Anxiety, fear and guilt increases as final exams approach.
- Pre-Christmas depressions: especially for those who have no home to visit, and for those who prefer not to go home because of family conflicts.
- Financial strain because of Christmas gifts, traveling costs, etc.

### Spring Semester

#### January

- Anxiety, stress over family issues that surfaced over vacation (parent’s impending divorce, illness, etc.).
- Don’t have the same energy for academics as they had in the fall; some students drop classes because they realize their fall load was too strenuous.

#### February

- No holiday break makes for a long academic stretch.
- Rain, rain, rain...

#### March

- Couples begin to establish stronger ties (engagement) or experience weakening of established ones.
- “Sophomore slump”: most have completed general studies- now what?
- Post spring break. Hard to get back on focus.

#### April

- “Senioritis” sets in. Is there life after GFU?
- Anxiety over how grades will end up.
- Decision and direction over summer jobs or ministry.
- Apprehension over leaving friendships established over the year.
- Seniors panic about leaving the security of GFU.



## Your Student's Health on Campus

### Health and Counseling Services

Students are assessed a fee each semester that provides free access to the professional services located in Health and Counseling Services even if they are not on the university student insurance plan. Medical care on campus is provided by a full-time medical practitioner and a full-time registered nurse. Students are seen by appointment and often can get an appointment the same day they call.

Counseling services are available to help students with personal, emotional, and academic problems. Because students deal with stress, developmental issues, and occasionally more serious emotional problems, many utilize professional counseling.

*For more details on health and counseling services available, please visit [www.georgefox.edu/offices/hea\\_cou/index.html](http://www.georgefox.edu/offices/hea_cou/index.html).*



## Parent Association

[parents.georgefox.edu](http://parents.georgefox.edu)

Parent Association is an important group in the life of the university, acting as advisory and support group for a wide variety of campus programs. Meetings are held three times yearly. Parents apply for membership on the Council, which is held at under 35 individuals, and serve for four-year terms while their students are enrolled as undergraduates at George Fox University.

Parent Association members are asked to participate on one of the following committees:

- The IDEA Center Committee is a network of parents who assist the IDEA Center staff by advising on existing programs and new directions.
- The Parent Fund Committee raises awareness of the financial needs of the university and provides parents an opportunity for involvement.
- The Spiritual Emphasis Committee organizes the annual George Fox Day of Prayer and works creatively to support students' spiritual experience on campus.
- The Outreach Committee works with the Office of Undergraduate Admissions to support recruiting efforts by creating connections with the parents of prospective students. This primarily happens at on-campus admissions events such as Bruin Preview, Scholarship Competition and Genesis. Members of this committee attend receptions and panels to share their experiences with the families who are considering George Fox University for their student.

Parent Association applications are distributed in a summer mailing to parents of new students, or you can apply online at [parents.georgefox.edu](http://parents.georgefox.edu). Questions? Please call 503-554-2134.



## Student Life

[studentlife.georgefox.edu](http://studentlife.georgefox.edu)

### Student Lifestyle Agreement and Community Expectations

It's important for parents to understand the numerous elements of their student's journey at George Fox University. One of the key documents that outlines the student experience is the **Student Handbook**. This defines our community: who we are, what we're about, what we believe, how we live and journey together, and the expectations for those who have chosen to become members of our community. The student handbook is important for students to read and understand, so they can fully engage in all facets of being a student.

When students become a member of the George Fox community they sign a statement, as part of the application process, agreeing to abide by the **Lifestyle Standards and Values**, as well as the **Community Policies** outlined in the Student Handbook for as long as they are enrolled as a student. We also believe it's essential for parents to understand this information so it can further clarify and define the experience of their student.

The Student Handbook is only available online and can be accessed by student and parents alike, at [studenthandbook.georgefox.edu](http://studenthandbook.georgefox.edu). The following elements are included in the handbook:

**Community at George Fox University:** This section begins to describe what we believe, our focus of being a distinctly Christ-centered community, and the importance of developing loving and healthy relationships.

**Guiding Principles for Our Community:** This portion highlights biblical expectations, honesty and integrity, university expectations, the lifestyle standards and values, and the responsibilities of living in our community.



**Community Accountability:** This segment describes the purpose and the process for community accountability and how we respond in these situations. It also includes helpful information about the Good Standing Policy, the Student Support Network (SSN), and the Responsibility for Self-Care Policy.

**Community Policies:** This section includes an informative list of the policies that are important for students to understand and abide by. These include elements such as: Anti-Discrimination and Anti-Harassment Policy, Bias-Related Incidents and Hate Crimes, Substance Use and Abuse, Sexual Purity, the Discernment Policy, and various safety and security issues.



**Communications Statement:** This addresses the expectations for students regarding communication from the university in several areas.

**Frequently Asked Questions:** This section outlines several frequently asked questions about the policies, guidelines and expectations for students.

**Residence Life – Housing:** In addition to the policies listed above, students living in campus housing can find helpful information and guidelines they are responsible to abide by within their residential living and learning experience.

Student and parents who have questions about any aspects of the Student Handbook are encouraged to contact Mark Pothoff, dean of community life in the student life office, at [mpothoff@georgefox.edu](mailto:mpothoff@georgefox.edu).



## Spiritual Life

[spirituallife.georgefox.edu](http://spirituallife.georgefox.edu)

### A Christ-Centered community ...

#### 'prepares students spiritually'

The community gathers for prayer, worship and reflection centered around Christ in Tuesday morning and Wednesday evening **chapels**. We actively listen to God's call on our lives, both as individuals and as Christ's diverse "body" at Fox. Because George Fox University highly values being a Christ-centered community that prepares students spiritually, as well as academically and professionally, each student is required to attend at least 15 chapel gatherings, five of which can be any of an array of "Chapel Electives" that are smaller and more specifically focused gatherings for Christ-centered worship, prayer and life-application of God's Word. Some ongoing chapel electives are **Spanish Chapel**, **Contemplative Worship** (unprogrammed), **Fellowship of Christian Athletes** and **International Student Chapel**. More details are available on the Spiritual Life website.

#### '... to think with clarity and act with integrity ...'

The **Spiritual Life , Inclusion & Leadership** ("SpIL") **House** is located on the southwest corner of campus, at the corner of Sheridan and Meridian, and is where our university pastoral team offices are housed and where pastors are available to meet with students for **prayer and pastoral care/spiritual counseling** in times of crisis. There you will be able to find **Jamie Noling-Auth**, university pastor and dean of spiritual life, leading the rest of the "SpIL" team: **Jamie Johnson**, associate pastor for Christian leadership, and **Rusty St. Cyr**, associate pastor for ministry and service. **(For diversity and leadership information, please see "Inclusion & Leadership")**

**SpIL Interns** and **Lyfe Group Leaders** are recruited each year to serve as cultivators of spiritual friendships, small-group discipleship and Christian community throughout campus, primarily through leading worship gatherings in the various living areas; initiating one-to-one spiritual companionship and accountability with peers; and forming and facilitating **Lyfe Groups** on and off-campus for ongoing reflection on integrating Christian vision and practice in students' daily lives.

#### '... and serve with passion!'

Through the collaborated efforts of the Associated Student Community (student government at Fox) and SpIL, students are encouraged, recruited and supported in a variety of efforts to come alongside as neighbors to people in need all around us and abroad. Students can volunteer locally as "**Little Bruin**" **mentors** (to Newberg elementary through high school students), **Adopt-a-Grandparent** volunteers, through **James Project**, as well as developing need-meeting friendships with those living homelessly through weekly **Urban Services** to Portland and Salem. Students will be informed about these opportunities in chapel/Shalom and by the ASC offices.

During the winter, spring and summer breaks, we recruit, prepare and send out various volunteer teams on one-week **Transformational Trips** to Twin Rocks Camp, to downtown areas of Portland and Seattle, to the Makah Nation/Reservation in Neah Bay, Wash., and to the Tenderloin district in San Francisco.

We also host four-week trips to various locations partnered with Christian organizations abroad with which we are developing long-term global partnerships (i.e. Peru, Swaziland, Romania, Moldova, etc.). Students will have a chance to both learn about these opportunities and submit applications for these trips on campus every October.



## Campus Security

[security.georgefox.edu](http://security.georgefox.edu)

The George Fox security program is based on DPSST certified officers. Security Services personnel believe all students and staff are vital elements in maintaining a safe campus, and their input is encouraged and valued.

The security department patrols the campus on a 24/7 basis as part of its role in crime prevention. Security Services responds to all calls for assistance, and when necessary contacts Newberg Police Department for assistance and back-up. Security Services maintains regular communication with local law enforcement and has a very good working relationship with them.

Our security office provides the following services:

- **Escort Service**- Call 503-554-2090
- **Lost and Found**- Claim lost and found items at the security office during office hours.

## IDEA Center

[idea.georgefox.edu](http://idea.georgefox.edu)

The IDEA Center staff is here to coach your student through:

- **INITIATING** the next step toward future goals
- **DISCOVERING** vocational callings
- **ENGAGING** in academic and experiential opportunities
- **ACHIEVING** exceptional life outcomes

The IDEA Center coaches students to recognize their God-given uniqueness, maximize their academic and experiential learning, develop life-long career skills and enhance their transition to the world of work. We focus on student success both in academics and in career skill development, calling students to fully utilize their four years and three summers to develop skills and knowledge that will make them employable in their target field. We provide guidance in using current resources and programming that enable students to reach their after-college goals.



## Student Organizations and Leadership

At the beginning of each semester, students are given opportunities to think about and become involved in specific activities. A wide range of opportunities exist for students to become involved in organizations and leadership while at GFU. Some options include community service, Little Bruin, Urban Services, Serve trips, ASC student government, intramural athletic teams, campus clubs, peer advisors, etc.

For more information, please visit [studentlife.georgefox.edu](http://studentlife.georgefox.edu) or [asc.georgefox.edu](http://asc.georgefox.edu).

## Inclusion and Leadership Programs

Inclusion and Leadership programs foster a welcoming campus climate for all students as they explore their leadership gifts and abilities. We are developing programs and resources that promote leadership and diversity from a Christian worldview, cultivate students' attitudes, ideas, and behaviors as they relate to multicultural issues, and encourage participation in activities that celebrate cultural differences. We support underrepresented students in transitioning to college through the Peer2Peer mentoring program, ethnic clubs and multicultural scholarships. For more information, please contact Shelley Yonemura, director of inclusion and leadership programs, at [syonemura@georgefox.edu](mailto:syonemura@georgefox.edu) or 503-554-2318.

## Intercollegiate Athletics

At George Fox University student-athletes pursue conference and national titles at a Christ-centered university where athletic competition hinges on what is learned in classrooms and practices. George Fox teams are members of the Northwest Conference and compete in Division III of the National Collegiate Athletic Association (NCAA).

To see a listing of all sports available at GFU and the season schedules, please visit [athletics.georgefox.edu](http://athletics.georgefox.edu).

## Newberg Area Churches

### Chehalem Valley Baptist Church

26155 NE Bell Rd., Newberg  
503-538-4158

### Chehalem Valley Presbyterian Church

530 Edgewood Dr., Newberg  
503-476-4649

### Christian Gospel Assemblies

14000 NE Hwy 240, Newberg  
503-538-9655

### Church of Christ

2503 Haworth Ave., Newberg  
503-538-4789

### Family Life Church

502 St. Paul Hwy., Newberg  
503-538-3181

### First Presbyterian Church

501 Mission Dr., Newberg  
503-538-3313

### GodSong Community Church

1025 Industrial Pkwy., Bldg C, Newberg  
503-537-3087

### Grace Baptist Church

1619 E 2nd St., Newberg  
503-538-7468

### Hillside Fellowship

611 N Main St., Newberg  
hillsidefellowship.blogspot.com

### Iglesia Evangelica los Amigos

200 S College St., Newberg  
503-544-5742

### Joyful Servant Lutheran Church

1716 N Villa Rd., Newberg  
503-538-0475

### Calvary Chapel Newberg

120 S Elliott Rd., Newberg  
503-538-7977

### Newberg Christian Church

2315 Villa Rd., Newberg  
503-538-3104

### Newberg Church of the Nazarene

23177 Old Yamhill Rd., Newberg  
503-538-2570

### Newberg Foursquare Church

115 W Third St., Newberg  
503-538-6525

### Newberg Friends Church

307 S College St., Newberg  
503-538-8381

### Newberg Seventh-Day Adventist Church

530 Edgewood Dr., Newberg  
503-538-2622

### Newberg United Methodist Church

1205 Deborah Rd., Newberg  
503-538-5404

### Northside Community Church

1800 N Hoskins, Newberg  
503-538-0440

### North Valley Friends Church

4020 N College St., Newberg  
503-538-5340



### Open Bible Church

1605 N College St., Newberg  
503-538-9833

### River Street Church of God

715 S River St., Newberg  
503-538-4117

### Rock Point Church

4301 N College St., Newberg  
503-538-2283

### Southside Community Church

609 S Wynooski St, Newberg  
971-832-2427

### Sovereign Grace Bible Church

101 W Foothills Dr., Newberg  
503-537-1057

### St Michael's San Miguel Episcopal Church

110 Everest Rd., Newberg  
503-538-3080

### St. Peter's Catholic Church

2315 N Main St., Newberg  
503-538-4312

### Trinity Presbyterian Church

600 E Columbia Dr., Newberg  
503-538-4652

### West Chehalem Friends Church

16700 NE North Valley Rd., Newberg  
503-538-5903

### Word of Faith

108 S Howard St., Newberg  
503-538-6920

### Zion Lutheran Church

301 S River St., Newberg  
503-538-1344

### 2nd Street Community Church

620 N Morton St., Newberg  
503-538-9761