

**George Fox University**  
**Graduate Department of Physical Therapy**  
**COURSE SYLLABUS**

**COURSE:** PDPT 580 Clinical Internship II

**CREDIT HOURS:** 6

**CLOCK HOURS:** 160

**PREREQUISITES:** Admission to DPT program

**INSTRUCTOR:** Paul Shew P.T. DPT  
VAC 216  
503.554.2453  
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**OFFICE HOURS:** Available by appointment

**SCHEDULE:** Daily as directed by Clinical Instructor

**CLASSROOM:** VAC

**COURSE DESCRIPTION:**

This course is a 6 week full time clinical experience. Students will be under direct supervision of a clinical instructor at an assigned outpatient physical therapy clinic, rehabilitation clinic, or acute care facility. Clinical sites vary in their location and it is the student's responsibility for travel and living expenses if they occur.

**COURSE REQUIREMENTS:**

Prior to initiation of PDPT 680 the student will satisfactorily complete PDPT 580 and demonstrate satisfactory completion of academic coursework and must exhibit appropriate proficiency in all Professional Behaviors outlined in this handbook as determined by the department faculty.

**METHODS OF INSTRUCTION:**

Lecture, discussion, and Lab experiences

**RECOMMENDED TEXTS/OTHER MATERIAL:** As directed By Clinical Instructor

**COURSE OBJECTIVES:** Upon completion of this course, the students will be able to:

**Cognitive:**

1. Discuss and Demonstrate strong theoretical and didactic background in all areas listed under PDPT 580 and in addition, pathology, motor control, Neurorehabilitation, principles of joint mobilization of the extremities, and Integumentary.
2. Appropriately justify and apply any chosen treatment technique relative to coursework to date.
3. Report and analyze on any valid subject matter designed to enhance the clinical learning experience as determined by the clinical instructor.
4. Analyze specific outcomes and modify interventions and behaviors accordingly.

**Skill:**

1. Assist in evaluating patients in all settings including but not limited to: muscle performance, ROM, posture, pain, functional mobility status (transfers, bed mobility, etc), and assistive gait.
2. Demonstrate advanced beginning proficiency in choosing and applying therapeutic exercise, soft tissue mobilization, joint mobilization (limb joints only), physical agents, and functional mobility training.
3. Determine and discuss appropriate intervention/instruction for simple gait disorders, including selection of assistive device, gait pattern, and assistance.
4. Instruct patients/caregivers in home management programs with advanced beginning proficiency.
5. Document with advanced beginning proficiency any treatment provided including subjective, objective, assessment, and plan components.
6. Demonstrate advanced beginning level of effectiveness in professional communication.
7. Demonstrate advanced beginning level of time management (2-3 times longer than entry-level).
8. Require clinical supervision 75-90% of the time managing new patients or patients with simple conditions and 100% of the time for patients with complex conditions.
9. Is consistent in developing proficiency with simple tasks (ie Medical record review, goniometry, muscle testing and simple interventions), but is not yet able to perform skilled examinations and clinical reasoning without supervision.
10. May begin sharing the physical therapist's caseload.

**Specific to APTA Clinical Performance Instrument (CPI):**

- A. The student is expected to be rated at least "Advanced Beginner."
- B. Student should demonstrate progress on all items.
- C. Professional Behavior:
  1. Demonstrate at least Advanced Beginner level proficiency in all areas by end of affiliation.
  2. Identify differences in patients' values and demonstrate the ability to respect and act based on patients' preferences.

**General Expectations and Policies:**

1. Working hours are those established by the facility. The intern is not expected to work a longer day than any one staff PT.
2. If applicable, the intern may work on the weekend with a day off during the week according to departmental policies.
3. Students can expect to spend 8-10 hours per week studying, preparing, and reviewing relevant material. This is in addition to the 40 hours/week that the students spend in the clinic.
4. The facility dress code is to be the guide for the intern.
5. Students/Interns must have current appropriate CPR certification and complete immunization records. This includes, MMR, HBV, DPT, and TB. Students/ Interns are responsible for keeping copies of their own records so that they can be presented to their clinical instructors on the first day.
6. Interns must be supervised by at least one licensed PT (not a Physical Therapist Assistant). A supervising PT must also be located in the same premises as the intern at all times. In some cases, the PT should be in the same treatment area/room.
7. If any problems or questions occur during the affiliation, consult the Director of Clinical Education (DCE). DO NOT wait until a clinic visit, return to school, and assume things will improve, or try to "gut things out." Problem areas can often be easily handled without wasting valuable clinic time.
8. Each facility has the authority to require extra reading, homework, or reports in order to enhance the clinical experience.

**Absences:**

1. Absences must be due to illness or emergency only and must be made up at the discretion of the DCE or clinical instructor.
2. The facility must be notified each day of an absence by 8:00 a.m. or upon opening.

3. The DCE must be notified each day of an absence.
4. Students may have the opportunity to participate in School-approved or School-sponsored activities during an internship, including state, national, or international professional meetings, and service learning experiences. Students may participate in these activities under the following conditions:
  - a. The absence is approved by the clinical instructor
  - b. The absence is approved by the DCE
  - c. The time missed is made up

**TEACHING METHODS AND LEARNING EXPERIENCES:**

These courses emphasize application and integration of academic coursework in the clinical setting. Students are directly supervised by licensed physical therapists.

**EVALUATIVE METHODS-EXAMINATIONS:**

1. The intern and CI are required to complete a midterm evaluation using the Clinical Performance Instrument (CPI). After completing the self-evaluation, the intern must write two or more goals for herself/himself to be achieved by the end of the internship. These goals should be written in the same format with which goals would be written for a patient, and they should be written in the "Recommendations" section of the CPI.
2. At the end of each internship, the intern will again evaluate herself/himself using the CPI. The clinical instructor will also evaluate the intern with the CPI.
3. The intern must complete the APTA Evaluation of Clinical Experience and Clinical Instruction form at the end of the internship. Review it with your clinical instructor and/or CCCE. All involved parties should sign the forms. Leave copies with the facility if they so desire and bring the originals back to school.
4. The CPIs and the Evaluation of Clinical Experience and Clinical Instruction form are due immediately following the last day of the internship.
5. Successful completion of any one internship is a combined decision of the clinical and academic faculty based upon the clinical instructor's and intern's written and verbal evaluation of the intern's performance in the clinic. However, the academic faculty reserves the right to make the final determination of the grade.
6. Clinical internships not completed secondary to personal or medical reasons will be evaluated by the faculty on an individual basis to determine whether the student will continue progression through the curriculum

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Refer to the George Fox University Student Handbook, Clinical Education Handbook, and the program specific Student Handbook regarding policies on attendance, preparedness, academic honesty, grading, remediation, and appeals.

**Additional Required Reading Materials**

As assigned

## **METHODS OF EVALUATION AND GRADING:**

Grading: Your grade will be weighted based on the following:

Midterm Test	25%
Midterm Practical Exam	25%
Final Exam	25%
Final Practical Exam	25%

Course grades throughout the DPT program will be determined as follows:

90% and above: A

80% to 89.9%: B

70% to 79.9%: C

60% to 69.9%: D

Less than 60%: F

## **OUTLINE OF CONTENT AND COURSE OBJECTIVES:**

### **I. Interaction with the patient**

- A. **Demonstrate** integrity and compassionate interaction during practice case scenarios.
- B. **Demonstrate** ability to actively involve practice patient/client in activity
- C. **Outline** procedures to identify patient/client and environmental risks in the clinic.
- D. **Identify** resources (family, other health care providers, community resources) available to achieve patient/client goals and expected outcomes.
- E. **Describe** the roles of patient/s, family members, payers other professionals, and other individuals to determine a plan of care that is acceptable, realistic and culturally competent and patient-centered.
- F. **Describe** elements of a useful discharge instruction for the patient and family or caregivers

### **II. Vital signs**

- A. **Demonstrate** appropriate measurement of blood pressure, body temperature, respiratory rate, pulse, O<sub>2</sub> saturation, and basic orientation.

### **III. Goniometry**

- A. **Demonstrate** proficiency in placement and alignment of goniometer to measure motion of an extremity

**B. Appropriately read and record** the goniometric measurement

**IV. Transfers and bed mobility**

**A. Demonstrate** appropriate draping of a simulated patient

**B. Appropriately instruct** a simulated patient in bed mobility including use of assistive devices

**C. Demonstrate** proper basic technique for educating a patient or family member to perform various types of transfers with and without assistive devices

**D. Demonstrate** proper body mechanics during transfers

**E. Explain** the process of ordering equipment needed to assist patients and families with transfers and bed mobility.

**F.** Given a real or simulated patient description, appropriately **document patient** transfer and bed mobility function

**V. Assisting patients with ambulatory function**

**A. Instruct** a simulated patient in proper use of assistive devices for ambulation.

**B. Compare and contrast** situations that call for the various types of assistive devices in ambulation.

**C. Explain** the process of ordering ambulatory assistive devices.

**D. Demonstrate** proper use of gait belts

**E. Demonstrate** appropriate body mechanics while assisting ambulation

**F. Demonstrate** the ability to measure a patient for a standard wheelchair

**G. Instruct a simulated patient** in basic and safe operation of a wheelchair on level surfaces.

**H. Describe** objective documentation of ambulatory function

**I. Instruct** a simulated patient in principles of fall prevention

**VI. Organizing the examination and gathering information**

**A. Discuss** the elements involved in taking a patient history

**B. Demonstrate** appropriate documentation of a simulated patient history

**C. List** the elements of a basic physical therapy examination

**VII. Infection control and blood borne pathogens**

**A. Describe** universal precautions and their appropriate use

- B. **Describe** appropriate procedures in the presence of bloodborne pathogens
- C. **Demonstrate** appropriate use of gowns, gloves, goggles
- D. **Demonstrate** appropriate infection control and risk management in the lab and clinic environment

### **PROGRAM AND UNIVERSITY POLICIES:**

Refer to the George Fox University Student Handbook, the Clinical Education Handbook, and the Graduate School of Physical Therapy Student Handbook regarding policies on attendance, preparedness, academic honesty, grading, remediation, and appeals.

In keeping with the central tenets of its mission – teaching, faith, and service – George Fox University is committed to the full access and inclusion of all qualified students in its programs. It is the policy of the University to ensure that students with disabilities have equal opportunity for participation in the University’s academic programs and activities, in accordance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities Act. Some students may need reasonable accommodation for conditions in order to participate fully in the DPT program. Students **must** contact the Disability Services Office (DSO) as early as possible. If you currently have a DSO Accommodation Plan, please discuss your accommodations with your professors and your advisor at the start of each semester, in order to optimize your learning opportunities.

Please note that to qualify for accommodations you must have a documented disability and accommodations are only possible **after** you request them.

