

CURRICULUM VITA

Winston Seegobin, Psy.D.

Graduate Department of Clinical Psychology
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I. Education

Psy.D. in Clinical Psychology

Central Michigan University (Program accredited by the
American Psychological Association)
Mt. Pleasant, Michigan 48859
Date awarded: August 1996
Dissertation Title: The effect of congruent religious
orientations and religious problem-solving styles on marital
satisfaction in religious couples.

M.A. in Clinical Psychology

Central Michigan University, Mt. Pleasant, Michigan 48859
Date awarded: May 1994

M.A. in Clinical Psychology

Wheaton College Graduate School, Wheaton, Illinois 60187
Date awarded: May 1987

B.A. in Psychology (cum laude)

Bethel College, Mishawaka, Indiana 46544
Date awarded: May 1981

B.Th. in Theology

Jamaica Theological Seminary, Kingston, Jamaica,
West Indies
Date awarded: June 1979

PRESENT POSITIONS

August 2011 to Present Director of Diversity
August 2014 to Present Professor of Clinical Psychology
August 2009 to July 2014 Associate Professor of Clinical Psychology
Graduate Department of Clinical Psychology
George Fox University
Newberg, Oregon 97132

Duties: Teach classes in Interpersonal Psychotherapy, Theories of Personality and Psychotherapy, Multicultural Psychotherapy, and Spiritual Formation 3; co-teach classes on Religious and Spiritual Diversity in Professional Psychology, and Bible Survey for Psychologists; lead clinical and research teams.

October 2010 to April 2012 Licensed Psychologist (Oregon # 2070)
Valley Psychological Associates
470 Villa Road, Newberg, OR 97132

Duties: Psychotherapy with individuals, couples, and children for a variety of disorders. Treatment of Post Traumatic Stress Disorder. Multicultural Psychotherapy.

May 2012 to Present Licensed Psychologist (Oregon # 2070)
Seegobin Psychological Services
501 Villa Road, Newberg, OR 97132

Duties: Psychotherapy with individuals, couples, and children for a variety of disorders. Treatment of Post Traumatic Stress Disorder. Multicultural Psychotherapy.

TEACHING AND PROFESSIONAL EXPERIENCE

August 2007 – July 2009 Professor of Psychology
August 2001 – July 2007 Associate Professor of Psychology
August 1996 – July 2001 Assistant Professor of Psychology
Messiah College
Grantham, Pennsylvania 17027

Duties: Teach undergraduate classes in Psychological Testing, Abnormal Psychology, Counseling Techniques, Psychology Seminar, Introduction to Psychology, Racial Healing, Created

and Called for Community, Psychology of Religion, and Cross-Cultural Studies Course: Trinidad & Tobago, and Nepal; Practicum Supervision and Academic Advising.
Research interests: Therapy with Asian Indians; Therapy with People of Color; Integration of Psychology and Christianity; Religion and Racial Prejudice; Marriage in Trinidad and Tobago; Children's Images of God.
Clinical specialty areas: Individual, couple and child therapy, treatment of anxiety disorders, and multicultural psychotherapy.

June 2006 to
July 2007

Adjunct Professor, Master of Science Program in Counseling
Shippensburg University, 1871 Old Main Drive,
Shippensburg, PA 17257
Taught graduate level classes in Counseling Theories

May 2004 to
June 2004

Adjunct Professor, Master of Arts Program in Counseling,
Caribbean Nazarene Theological College, Trinidad.
Taught graduate level class in Counseling Techniques

October 2002 to
November 2002

Adjunct Professor, Master of Arts Program in Counseling,
Caribbean Nazarene Theological College, Trinidad.
Taught graduate level class in Counseling Techniques

October 2009 to
March 2010

Psychologist Resident (Part time)
George Fox University Behavioral Health Clinic
George Fox University
Newberg, Oregon 97132

Duties: Conducted psychological assessments with children and adolescents with a variety of presenting problems.

Supervisor: Paul Stoltzfus, Psy.D., Licensed psychologist

June 2009 to
June 2010

Psychologist Resident (Part time)
Private Practice of Christopher Royer, Psy.D.
Camp Hill, PA 17011

Duties: Psychotherapy with patients with a variety of psychological and neuropsychological concerns, such as traumatic brain injury, anoxia, and strokes.

Supervisor: Christopher Royer, Psy.D., Licensed psychologist and Neuropsychologist

June 2008 to
June 2009

Psychologist Resident (Part time)
Engle Center for Counseling and Health Services
Messiah College
Grantham, PA 17027

Duties: Psychotherapy with college students with personal and interpersonal problems, mood disorders, and anxiety disorders. Psychotherapy with students of color, international students, and missionary/third culture kids.

Supervisor: Philip J. Lawlis, Ph.D., Licensed psychologist

June 2008 to
June 2009

Psychologist Resident (Part time)
West Shore Evangelical Free Church
1345 Williams Grove Road, Mechanicsburg, PA 17055

Duties: Psychotherapy with individuals, couples and children with a variety of presenting concerns.

Supervisor: Philip J. Lawlis, Ph.D., Licensed psychologist

September 1997 to
June 2008

Psychotherapist (Part time)
Engle Center for Counseling and Health Services
Messiah College
Grantham, PA 17027

Duties: Psychotherapy with college students with personal and interpersonal problems, mood disorders, and anxiety disorders. Psychotherapy with students of color, international students, and missionary/third culture kids.

January 1999 to
June 2008

Psychotherapist (Part time)
West Shore Evangelical Free Church
1345 Williams Grove Road, Mechanicsburg, PA 17055

Duties: Psychotherapy with individuals, couples and children with a variety of presenting concerns.

March 2005 to
March 2009

Consultant
EXPLORE program of Harrisburg School District
Harrisburg, PA

PEER REVIEWED PUBLICATIONS

- McGurl, C., Seegobin, W., Hamilton, E., & McMinn, M. (2015). The benefits of a grief and loss program with a unique technological intervention. In J. Cohen & L. Johnson (Eds.). *Video and filmmaking as therapy: Research and practice*. New York, NY: Routledge/Taylor & Francis.
- Knows His Gun, K., Bufford, R. K., & Seegobin, W. (2014). *Overcoming adversities: Resilience in rural southeastern Montana: An exploration of the factors that encourage resilience and foster successful employment in a Native American population*. UK: Scholars' Press.
- Bearse, J. L., McMinn, M. R., Seegobin, W., & Free, K. (April 2014). Heal thyself. *APA Monitor on Psychology*, 45, 62-68. (Note: This article is a condensed version of the following article that was peer-reviewed: Bearse, J. L., McMinn, M. R., Seegobin, W., & Free, K. (2013). Barriers to psychologists seeking mental health care. *Professional Psychology: Research and Practice*, 44, 150-157).
- Thurston, N. S., & Seegobin, W. (2014). Psychotherapy for evangelical and fundamentalist protestants. In P. S. Richards & A. E. Bergin (Eds.) *Handbook of psychotherapy and religious diversity* (2nd ed.). Washington, D.C.: APA.
- Seegobin, W. (2014). The parent-child relationship. In K. Flanagan & S. Hall (Eds.). *Christianity and Developmental psychopathology: Foundations and approaches*. Downers Grove, IL: InterVarsity Press.
- McMinn, M. R., Bufford, R. K., Vogel, M. J., Gerdin, T., Goetsch, B., Block, M. M., Mitchell, J. K., Peterson, M. A., Seegobin, W., Taloyo, C., & Wiarda, N. R. (2014). Religious and spiritual diversity training in professional psychology: A case study. *Training and Education in Professional Psychology*, 8, 51-57.
- Bearse, J. L., McMinn, M. R., Seegobin, W., & Free, K. (2013). Barriers to psychologists seeking mental health care. *Professional Psychology: Research and Practice*, 44, 150-157.
- Gray, G., & Seegobin, W. (2012). *Resilience in Cambodia: Hearing from trafficking survivors and their helpers*. Germany: Lambert Academic Publishing.
- Gray, G., Luna, L., & Seegobin, W. (2012). Exploring resilience: Strengths of trafficking survivors in Cambodia. *International Journal of Adolescent Medicine and Health*, 24, 363-372.

- McMinn, M., Staley, R. C., Webb, K. C., & Seegobin, W. (2010). Just what is Christian counseling anyway? *Professional Psychology: Research and Practice*, 41, 391- 397.
- Seegobin, W., Reyes, J. R., Hostler, H., Nissley, G., & Hart, A. (2007). Relationship with parents, God concept, self esteem, and relationship intimacy. In P. Hegy (Ed.) *God images and the religious imagination*. Lewiston, New York: The Edwin Mellen Press.
- Seegobin, W., & Tarquin, K. M. (2003). Mate selection in Trinidad and Tobago: A multicultural, multireligious perspective. In R. R. Hamon & B. B. Ingoldsby (Eds.), *Mate selection across cultures*. Newbury Park: Sage.
- Seegobin, W. (2003). Caribbean families. In J. J. Ponzetti, Jr. (Ed.), *International encyclopedia of marriage and family* (2nd ed., Vol. 1, pp. 205-210). New York: Macmillan Reference USA.
- Seegobin, W. (1999). Important considerations in counseling Asian Indians. In K. S. Ng (Ed.), *Counseling Asian families from a systems perspective* (pp. 83-94). Alexandria, VA: American Counseling Association.
- Seegobin, W. (1999). Post traumatic stress disorder. In D. G. Benner & P. C. Hill (Eds.), *Baker encyclopedia of psychology and counseling* (2nd ed., pp. 889-891). Grand Rapids, MI: Baker Books.
- Seegobin, W. (1999). Neuropsychological assessment. In D. G. Benner & P. C. Hill (Eds.), *Baker encyclopedia of psychology and counseling* (2nd ed., pp. 789-790). Grand Rapids, MI: Baker Books.

PROFESSIONAL PRESENTATIONS

- Seegobin, W., Satterlee, M., Canning, S., Pak, J., Ripley, J., Erbes, B., Fort, C., & Marks, D. (April 2015). *Self care in doctoral programs in clinical psychology: Faculty and student perspectives*. Symposium presented at the Annual Conference of the Christian Association for Psychological Studies, Denver, CO.
- Seegobin, W. (August 2014). *Understanding the role of religious and spiritual diversity in global peacemaking*, as part of a symposium on *Get on board for human harmony: Creatively embracing peace-making skills amidst cultural diversity* at the Annual Convention of the American Psychological Association in Washington, D.C.
- Seegobin, W., Taloyo, C. A., & Zarb, D. S. (August 2014). *Students' perceptions*

of racial and ethnic diversity in a clinical psychology graduate program. Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.

Holt, J. R., & Seegobin, W. (August 2014). *Resilience and hope of sex-trafficked adolescent girls in the United States.* Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.

Lee, J., Seegobin, W., Peterson, M., & Chang, K. (August 2014). *Problem-solving skills training with at-risk Nicaraguan children and adolescents.* Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.

McGurl, C. J., Seegobin, W., & Holt, J. R. (August 2014). *Benefits of a technological intervention for youth in a grief and loss center program.* Poster presented at the Annual Convention of the American Psychological Association, Washington, D.C.

Seegobin, W., & Bufford, R. (April 2014). *Cultural competence and trauma: Applying ethical codes in culturally sensitive ways.* Workshop presented at the Annual Conference of the Christian Association for Psychological Studies, Atlanta, GA.

Seegobin, W., McGurl, C., & Lee, J. (August 2013). *Hope in psychology: A 20-year content analysis (1991- 2011).* Poster presented at the Annual Convention of the American Psychological Association, Honolulu, Hawaii.

Seegobin, W. (April 2013). *Cultural humility: A paradigm for engagement across cultures.* Preconference workshop on the challenges of caring across cultures. Presented at the Annual Conference of the Christian Association for Psychological Studies, Portland, OR.

Seegobin, W., Holt, J., Theye, A., Gleave, D., & Backstrand, S. (April 2013). *Teaching integration as service: A model for psychologists.* Paper presented at the Annual Conference of the Christian Association for Psychological Studies, Portland, OR.

Seegobin, W., Luna, L., Lee, J., McGurl, C., & Galindo, D. (April 2013). *Diverse perspectives on children and adolescent's trauma, resilience, and hope.* Poster presented at the Annual Conference of the Christian Association for Psychological Studies, Portland, OR.

Seegobin, W., McGurl, C., & Lee, J. (April 2013). *A content analysis of the concept of hope in religious journals: 1991 – 2011.* Poster presented at the Annual Conference of the Christian Association for Psychological Studies,

Portland, OR.

- Watson, T., Abi-Hashem, N., Bubod, L., Idiculla, T., & Seegobin, W. (April 2013). *Global perspectives on psychology and integration*. Symposium presented at the Annual Conference of the Christian Association for Psychological Studies, Portland, OR.
- Bufford, R., Seegobin, W., Backstrand, S., Gleave, D., Lee, J., & Taloyo, C. (August 2012). *Training in supervision*. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- McMinn, M., Vogel, M. J., Bufford, R. K., Gerdin, T., Goetsch, B., McKinley, M. M., Mitchell, J. K., Peterson, M A., Seegobin, W., Taloyo, C., & Wiarda, N. R. (August 2012). *Training in religious and spiritual diversity: Faculty and student perspectives*. Symposium presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- Seegobin, W., Rhoades, G., Luna, L., Gray, G., & Gleave, D. R. (August 2012). *Trauma in Southern Sudan: Variety of experiences*. Poster presented at the Annual Convention of the American Psychological Association, Orlando, FL.
- Seegobin, W., Asgodom, Y., Luna, L., Gleave, D., & Gray, G. (Nov 2011). *Psychotherapy with Caribbean families: A strengths-based approach*. Paper presented at the Caribbean Regional Conference of Psychology, Nassau, Bahamas.
- Seegobin, W. (Nov 2011). *Psychology of religion: Trinidadian children's spirituality*. Poster presented at the Caribbean Regional Conference of Psychology, Nassau, Bahamas.
- Seegobin, W. (Nov 2011). *Marriage in Trinidad and Tobago: How people choose their mate*. Poster presented at the Caribbean Regional Conference of Psychology, Nassau, Bahamas.
- Seegobin, W. (Nov 2011). *Facilitating hope and resilience in patients in psychotherapy in the Caribbean*. Poster presented at the Caribbean Regional Conference of Psychology, Nassau, Bahamas.
- Seegobin, W. (August 2011). *Structuring a course on religious and spiritual diversity in professional psychology* as part of a symposium on *Religion and spirituality as diversity: Training issues in professional psychology* at the American Psychological Association conference in Washington, D.C.
- Seegobin, W. (April 2011), *Resilience in the face of personal struggle: How academics and clinicians grow through difficult times*. Presenter in

symposium presented at the Annual Conference of the Christian Association for Psychological Studies, Indianapolis, Indiana.

Seegobin, W., Gray, G., Gonzalez, L., Asgodom, J., Gleave, D., & Luna, L. (April 2011). *Recognizing and facilitating hope and resilience in patients in psychotherapy*. Workshop presented at the Annual Conference of the Christian Association for Psychological Studies, Indianapolis, Indiana.

Seegobin, W. (Jan 2011). *Multicultural contributions to forensic psychology*. Discussant in symposium presented at the National Multicultural Summit Conference, Seattle, Washington.

Seegobin, W. (April 2010). *Positive psychology and multicultural psychotherapy: A match made in heaven*. Paper presented at the annual Conference of the Christian Association for Psychological Studies, Kansas City, KS.

Seegobin, W. (April 2009). *Celebrating diversity*. Invited keynote address for Diversity Day at Philhaven Hospital, Mt. Gretna, PA.

Seegobin, W. (April 2009). *Hope and healing for marriages: A multireligious, multicultural perspective*. Paper presented at the annual Conference of the Christian Association for Psychological Studies, Orlando, FL.

Seegobin, W. (August 2007). *Marriage in Trinidad and Tobago: Christian, Hindu, and Muslim Perspectives*. Poster presented at the 114th Annual Conference of the American Psychological Association, San Francisco, CA.

Seegobin, W. (March 2007). *Children's spirituality: A comparison of Christian, Hindu and Muslim perspectives*. Paper presented at the annual Conference of the Christian Association for Psychological Studies, King of Prussia, PA.

PROFESSIONAL MEMBERSHIPS

Member - American Psychological Association
Member - APA Division 36: Society for the Psychology of Religion and Spirituality
(Served on Executive Committee as Member at Large for 2 Years (2012 & 2013); Presently Liaison for Division 36 to International Relations Committee of APA)
Member – APA Division 52: International Psychology
Member - APA Division 45: Society for the Psychological Study of Culture, Ethnicity, and Race
Member - Society for the Scientific Study of Religion
Member - Christian Association for Psychological Studies
Member – Oregon Psychological Association