

Who are we?

The Portland Center for Counseling and Family Therapy is the practicum and internship clinic for the Graduate Department of Counseling at George Fox University. The center is administrated by a member of the GDC faculty and staffed by professional counselors and advanced graduate students who are supervised by faculty members trained in individual, marital and family therapy.

Services at the center support the mission of the Graduate Department of Counseling, which is grounded in and shaped by our commitment to an integrated understanding of the Christian faith and mental health and exists to train graduate-level clinicians. Through rigorous academic and clinical training we seek to promote the personal and professional development of students, with the goal of promoting relational, psychological, physical and spiritual wholeness of individuals, couples, families, organizations and communities.

THE PORTLAND CENTER FOR COUNSELING AND FAMILY THERAPY

12570 S.W. 69th Ave.
Portland, OR 97223

Phone: 503-554-6060
Fax: 503-554-6069

GDCclinic@georgefox.edu

counseling.georgefox.edu



GEORGE FOX
UNIVERSITY

*a matter of mind
and spirit*



Portland Center for Counseling and Family Therapy



GEORGE FOX UNIVERSITY
GRADUATE DEPARTMENT OF COUNSELING

Services provided

Confidential services are designed to respect the personal needs, philosophy, and beliefs of the client and include:

- Individual counseling
- Group counseling

Some of the typical concerns addressed:

- Anxiety
- Depression
- Self-esteem issues
- Grief and loss
- Life change issues
- Stress management
- Divorce adjustment

Fees

The Portland Center for Counseling and Family Therapy seeks to offer mental health care services for all members of the community; therefore, a sliding scale fee structure is utilized. Clients pay for a 50-minute session at the time of the appointment.

Gross Household Income (Before Taxes)	Fee
Over \$75,000 per year	\$75
\$65,000-74,999	\$65
\$55,000-64,999	\$55
\$45,000-54,999	\$45
\$35,000-44,999	\$35
\$25,000-34,999	\$25
Below \$24,999	\$15

Please feel free to call with any questions related to the fee structure or counseling services. A member of our staff will be happy to speak with you.

Fall clinic hours

Tuesday and Wednesday 9 a.m. – 5 p.m.

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Are you in immediate crisis?

The Portland Center for Counseling and Family Therapy is not designed to provide crisis intervention or crisis counseling. If you have a desire to harm yourself or others, have witnessed child or elder abuse, or feel you are at risk of physical or emotional harm from another, please contact 911 for information on mental health crisis assistance in your area.