

# Andrea Larsen, MA

Adjunct Faculty

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I am a recent graduate of the Marriage, Couple, and Family Counseling Program in George Fox University's Graduate School of Counseling. I am beginning my career as a counselor in a community mental health setting where I am an early childhood and family counselor.

Prior to my counseling degree, I went through the Adult Degree Program at George Fox and earned my BA in Social and Behavioral Studies. Through this program, I found a passion for the mental health field, and for people who are hurting.

I have a passion for teaching and mentoring. This passion began when I volunteered as an ESL teacher, and since then I have been seeking out other opportunities. I have volunteered in a variety of settings such as leading and teaching at my church, and have volunteered as a mentor for specific classes in my graduate program. I am very excited to continue my journey and desire to teach and learn with the DPS Program at George Fox.



## Academic Background

- MA, Marriage Couple and Family Counseling, George Fox University
- BA, Social and Behavioral Studies, George Fox University

## Expertise and Interests

Most of my counseling experience has been with children, parents, and families. Children and families have captured my interest, and I enjoy engaging with them in alternative forms of therapy such as Play Therapy and Sandtray Therapy. I am interested in how trauma affects the brain and in helping individuals and families navigate trying times in their lives.

## Outside the Classroom

When I am not working, I enjoy spending time with my daughter. When the sun is shining, I love to be outdoors, whether it is hiking, gardening, or taking our golden retriever for a walk. When it is raining, I enjoy reading books, baking, and playing games with my kiddo. I am always up for a good cup of coffee and enjoy finding new coffee shops to experience.