

# Madeline Lowen, MA

## Adjunct Faculty

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I began my journey as an adjunct professor for George Fox in the spring of 2016. I first taught face-to-face in the Social and Behavioral Sciences major, and have transitioned to mainly teaching writing and other general education courses. Having been a student, a writing consultant, and the Academic Resource Center Coordinator at George Fox, I fully believe in the mission and vision of this university. I am honored to be a part of a program that embraces students' spiritual beliefs and views community as an integral part of the learning process.

## Academic Background

- MA, Marriage, Couples, & Family Counseling, George Fox University
- BA, English, George Fox University
- BS, Early Childhood & Elementary Education, George Fox University

## Expertise and Interests

The written word is a fundamental part of who we are as individuals and as a culture. Even our informal daily communication has become written: text messaging, emails, social media, etc. By improving writing skills and learning to understand the different mediums we communicate through, we are better able to express ourselves, communicate our needs, and connect with those around us. My goal as a writing professor is to provide students with the tools they need to pursue their goals and build the lives they want.

## Primary Teaching Responsibilities

- LACC 102 – Writing for Adults II
- LACC 285 – Facts & Myths of Social Media
- LACC 285 Yoga: A Path to Physical, Mental, and Spiritual Well-Being
- LACC 285 Developing a Professional Online Identity

## Outside the Classroom

I live in Salem, OR, just blocks away from where my husband grew up in West Salem. Our family also includes Maeve Ruth (our new baby), and Huckleberry Finn (our fur baby, of the mutt variety). I love spending time reading, biking, and going on family walks. I've also been known to get sucked into a good Netflix binge every now and then.

My other major area of interest is yoga. While completing my master's degree in counseling, I became passionate about the holistic well-being of individuals, and became a yoga teacher as a way to help people discover health and healing. I am especially passionate about working with women during the transition into motherhood, specializing in holistic health during the prenatal and postpartum periods. When I am not teaching courses for George Fox, you can find me teaching yoga classes and hosting yoga trainings/workshops in Salem and the Portland metro area.