Cancellations must be received in writing seven days prior to the conference to receive a refund, and are subject to a $25 processing fee. No refunds will be made after May 31, 2016.

In the unlikely event of a workshop cancellation, the NWCPTS is only responsible for a refund of the workshop fee.

Questions? Call 503-554-6104 or email playtherapy@georgefox.edu
Continuing Education

The Northwest Center for Play Therapy Studies and George Fox University will offer 6.0 contact hours of Continuing Education (CE) for each workshop day. The following approvals are available:

- National Board of Certified Counselors (NBCC)
- Association for Play Therapy (APT provider #015-114)
- National Association of Social Workers (NASW)
- Association for Addiction Professionals (AAPAP)

The Northwest Center for Play Therapy Studies has been approved by NBCC as an Approved Continuing Education Provider, #05-1414. Programs that do not carry NBCC approval but do report to other boards are indicated as such in the catalog. The Center’s programs are approved by the American Association of Pastoral Counselors (AAPC) and the American Counseling Association (ACA) as Continuing Education (CE) credits. The Center is a member of the Alliance of Play Therapy Organizations (APTO). The Center has been approved by the American Board of Criminology and Criminal Justice Education for 6.6 continuing education credits. The workshop(s) will be held in the Juanita Schneider Center for Play Therapy Studies, George Fox University, Newberg, OR 97132. Questions about the workshops may be directed to Juanita Schneider, 503.554.7753.

##家庭 is LGBT: Play Therapy to Support Children in a Heterosexually Oriented World

**Monday, June 6, 8:30 a.m. – 4 p.m.**

Being a member of any non-dominant cultural group comes with many challenges. Members of highly visible subgroups never have to think about disclosing who they are, but they also cannot choose to blend into the dominant group when needed to escape discrimination. By contrast, LGBT children and family members often expend a great deal of energy deciding when to blend in order to be safe and when, where and with whom they can be their authentic selves.

In this workshop, participants will first learn to identify the myriad issues faced by LGBT children as well as those who are both cisgendered and heterosexual but have LGBT family members. Next, Eclectic Play Therapy (EPT) will be reviewed as one strategy for addressing the needs of these children across the many systems in which they are embedded. Lastly, specific resources and interventions will be presented.

**Presenter:**
Kevin O’Connor, PhD, ABPP, RPT-S is a clinical psychologist and registered play therapy-supervisor. He is a Distinguished Professor and coordinator of the Ecosystemic Clinical Child Psychology Emphasis and director of the Ecosystemic Play Therapy Training Center at Alliant International University - Fresno. He is the co-founder and a director emeritus of the Association for Play Therapy and has received the APT Lifetime Achievement Award. Dr. O’Connor is the author of numerous books, including *The Play Therapy Primer, 2nd Edition, coauthor of Play Therapy Treatment Planning and Interventions, 2nd Edition, and coeditor of the Handbook of Play Therapy, Volumes I & II and Play Therapy Theory and Practice, 2nd Edition.* He regularly presents workshops across the United States and abroad, having presented in Canada, Israel, Italy, Japan, Korea, Kuwait, the Netherlands, Mexico, Portugal, Singapore and South Africa. Finally, Dr. O’Connor is a board-certified clinical child and adolescent psychologist and fellow of the American Psychological Association who maintains a small private practice treating children and adults.

**Family Ties: Using Family Play Therapy to Loosen Binds and Strengthen Bonds**

**Wednesday, June 8, 8:30 a.m. – 4 p.m.**

Despite the increasing recognition of the importance of family-oriented clinical practices, research suggests that children are often left out of family therapy, and families are often left out of play therapy. Clinicians who encounter families with young children frequently report discomfort and a lack of training in how to work with this population in ways that are developmentally appropriate and inclusive of the entire family.

In this workshop, participants will explore the theoretical and research-based rationale for using family play therapy with children and their families. Come see how family play therapy can provide a developmentally appropriate and inclusive approach for working with the entire family.

**Presenters:**

- **Theresa Kestly, Ph.D., RPT-S** is a clinical psychologist, educator, consultant and a registered play therapist-supervisor. She is author of *The Interpersonal Neurobiology of Brain-Building Interventions: Applying the Polyvagal Theory to Treatment*, and co-editor of *The Handbook of Group Play Therapy*. Dr. Kestly is a diplomate in child and family play therapy and is a member of the American Psychological Association, the Association for Play Therapy, and the National Association of Social Workers. She is on the faculty of George Fox University, where she teaches Play Therapy, Child Development, and Family Therapy.

- **Daniel Sweeney, Ph.D., LMFT, LPC, RPT-S** is a board-certified licensed mental health counselor and supervisor. Dr. Sweeney is a registered Play Therapy-Board-Certified Therapist, certified in Play Therapy and Best Practices in Play Therapy. He is a past president of the Oregon Association for Play Therapy and a member of the Association for Play Therapy and the National Association of Social Workers. He has taught at Southern Oregon University, Portland State University, Portland Community College, and Lewis & Clark College and has presented in the United States and abroad, having presented in Canada, Israel, Italy, Japan, Korea, Kuwait, the Netherlands, Mexico, Portugal, Singapore and South Africa. Finally, Dr. Sweeney is a board-certified clinical child and adolescent psychologist and fellow of the American Psychological Association who maintains a small private practice treating children and adults.

##Sand Tray Therapy through the Lens of Interpersonal Neurobiology

**Tuesday, June 7, 8:30 a.m. – 4 p.m.**

When you combine sand tray therapy with current trends in the mental health field toward a focus on interpersonal neurobiology (IPNB), you have the potential to greatly enhance its effectiveness. Viewing this modality through the lens of IPNB also strengthens it as a science-informed therapeutic modality. In this presentation, concepts of IPNB that are already familiar to many play therapists will be discussed in the context of this play therapy modality, including: (1) working at the regulatory edges of the window of tolerance; (2) the play circuitry in the brain as introduced by Jaak Panksepp; (3) the polysynaptic model of play according to Stephen Porges; (4) Daniel Siegel’s ideas of the storytelling brain; and (5) the boundaries and-dimensional theory of positive emotions by Barbara Fredrickson.

The integration of these theories within the practical applications of sand tray therapy will be the focus of this presentation demonstrating the idea that play therapy has a solid scientific basis as seen in the example of this particular modality. In this workshop, there will be a balance of didactic and hands-on experiences to convey and clarify these concepts.

**Presenters:**

- **Daniel Sweeney, Ph.D., LMFT, LPC, RPT-S** is a professor of counseling, director of the Clinical Mental Health Counseling Program and director of the Northwest Center for Play Therapy Studies at George Fox University. He is a past board member and president of the Association for Play Therapy. Dr. Sweeney maintains a small private practice and is an international presenter. He is author or co-author of several books, including *Play Therapy Interventions with Children’s Problems, Counseling Children Through the World of Play, Sandtray Therapy: A Practical Manual, The Handbook of Group Play Therapy, and Group Play Therapy: A Dynamic Approach.* Dr. Sweeney and his wife live in Portland near their four adult children and grandchildren.

- **Nich Cornett, Ph.D., LMFT, LPC, RPT** is an assistant professor in the Graduate Counseling Program at John Brown University, where he primarily teaches courses on working with families using family systems theory, family therapy, and family play therapy. His interest in using play therapy with children and families began while he was completing his doctoral studies at the University of North Texas, where he had the opportunity to receive extensive training, supervision and experience in working therapeutically with young children and their families through play therapy. Dr. Cornett is published and a frequent presenter.

**Sand Tray Therapy: A Practical Manual, The Handbook of Group Play Therapy, and Play Therapy Treatment Planning and Interventions, 3rd Edition**

**Thursday/Friday, June 9-10, 8:30 a.m. – 4 p.m.**

This two-day workshop will focus on the dynamic relationship facets of training parents to be therapeutic agents in their children’s lives. Using a format of didactic instruction, demonstration play sessions, required at-home play sessions, and supervision, parents are taught basic child-centered play therapy principles and skills including tracking, responsive listening, reflecting feelings, returning responsibility to children, the ACT model of limit setting, building children’s self-esteem and how to structure weekly 30-minute play sessions with their children using a special kit of selected toys.

This is a practical “how to” workshop that includes training/treatment outlines for the 10 sessions, how to teach child-centered play therapy skills, toys and materials needed, techniques for involving parents in the learning process, balancing training and meeting parents emotional needs, utilizing group dynamics, and facilitative supervision. Demonstrations and video segments of Dr. Landreth’s CPRT parent training sessions clarify the training process. CPRT’s prescriptive nature and relatively broad time frame make this treatment model attractive in today’s mental health climate.

**Presenter:**

- **Larry Landreth, EdD, LPC, RPT-S** is internationally recognized for his writing and work in promoting the development of child-centered play therapy. He is a Regents Professor Emeritus and founder of the Center for Play Therapy at the University of North Texas. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His more than 150 journal articles, books and videos include the 2014 DVD Critical In Action: Four Couples In A CPRT Group and the 3rd edition of his award-winning book *Play Therapy: A Proven Treatment Model for Children* and *Family Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model* and an accompanying *Child Parent Relationship Therapy (CPRT) Treatment Manual*. His CPRT Model received the Best Practices in Family Therapy Award, and Dr. Landreth is director emeritus of the Association for Play Therapy (APT). He received the APT Lifetime Achievement Award, the APT Research Award, and the Virginia Axline Distinguished Professional Award for his work in conceptualizing and advancing the child-centered approach to play therapy. Dr. Landreth is an Honorary Visiting Research Professor at the University of Oxford in England.

**Day 1: Sand Tray Therapy and CPRT**

- **8 a.m. – 10:30 a.m.** Registration
- **10:30 a.m. – 12:30 p.m.** Adjournment
- **1 p.m. – 3 p.m.** Lunch (on your own)
- **3 p.m. – 6 p.m.** Registration

**Day 2: Play Therapy and CPRT**

- **8 a.m. – 10:30 a.m.** Registration
- **10:30 a.m. – 12:30 p.m.** Conference
- **12:30 p.m. – 2:30 p.m.** Lunch (on your own)
- **2:30 p.m. – 4 p.m.** Conference
- **4 p.m. – 6 p.m.** Adjournment

**Workshop Fees**

The fee is $139 per day for each workshop, with a student discount rate of $89 per day. Attendance is limited, so early registration is recommended. Register online at nwplaytherapy.org for the fee of $139 per day for each workshop, with a student discount rate of $89 per day. Attendance is limited, so early registration is recommended.