

PLAY THERAPY CONFERENCE
REGISTRATION

Name _____
Address _____
City _____
State _____ ZIP _____
Phone _____
Email _____

Registration confirmation, directions and hotel accommodation information will be sent by email.

Check the workshop(s) for which you are registering:

- When Someone in the Family is LGBT: Play Therapy to Support Children in a Heterosexually Oriented World (June 6)
- Sand Tray Therapy through the Lens of Interpersonal Neurobiology (June 7)
- Family Ties: Using Family Play Therapy to Loosen Binds and Strengthen Bonds (June 8)
- Child Parent Relationship Therapy (CPRT): An Evidence-Based 10-Session Filial Therapy Model (June 9-10; *must register for both days*)

**Register online at
nwplaytherapy.org**

Registration fee is \$139 each day (registration after May 23, 2016, is \$155 each day). Student fee is \$89 each day.

(proof of full-time student status must be submitted with registration)

Total days attending _____ Amount enclosed _____

Make check payable to: George Fox University

Mail your check to:

Northwest Center for Play Therapy Studies
George Fox University
12753 S.W. 68th Ave.
Portland, OR 97223

Cancellations must be received in writing seven days prior to the conference to receive a refund, and are subject to a \$25 processing fee. No refunds will be made after May 31, 2016.

In the unlikely event of a workshop cancellation, the NWCPTS is only responsible for a refund of the workshop fee.

Questions? Call 503-554-6104 or email playtherapy@georgefox.edu

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Northwest Center
for Play Therapy Studies
12753 S.W. 68th Ave., P510
Portland, OR 97223



NORTHWEST
CENTER
FOR PLAY
THERAPY
STUDIES

at
GEORGE FOX UNIVERSITY

presents

**Summer Institute
Workshops
June 6-10, 2016**

**George Fox University
Portland Center**
12753 S.W. 68th Ave.
Portland, OR 97223
503-554-6104
playtherapy@georgefox.edu



NORTHWEST CENTER FOR PLAY THERAPY STUDIES

The Graduate School of Counseling at George Fox University is pleased to be the home of the Northwest Center for Play Therapy Studies (NWCPTS). Under the direction of Dr. Daniel Sweeney, the NWCPTS is the largest university-based center focused on the study and promotion of play therapy in the northwest United States.

The mission of the Northwest Center for Play Therapy Studies is to promote the healthy development and welfare of children and families through the process of play and filial therapy. In support of the relational, psychological and spiritual wholeness of children and families, the center seeks to fulfill this objective through the provision of play therapy, training, supervision and learning resources for students and mental health professionals in the community.

nwplaytherapy.org

WHEN SOMEONE IN THE FAMILY IS LGBT:

Play Therapy to Support Children in a Heterosexually Oriented World

Monday, June 6, 8:30 a.m.– 4 p.m.

Being a member of any non-dominant cultural group comes with many challenges. Members of highly visible subgroups never have to think about disclosing who they are, but they also cannot choose to blend into the dominant group when needed to escape discrimination. By contrast, LGBT children and family members often expend a great deal of energy deciding when to blend in order to be safe and when, where and with whom they can be their authentic selves.

In this workshop, participants will first learn to identify the myriad issues faced by LGBT children as well as those who are both cisgendered and heterosexual but have LGBT family members. Next, Ecosystemic Play Therapy (EPT) will be reviewed as one strategy for addressing the needs of these children across the many systems in which they are embedded. Lastly, specific resources and interventions will be presented.

Presenter:

Kevin O'Connor, PhD, ABPP, RPT-S is a clinical psychologist and registered play therapist-supervisor. He is a Distinguished Professor and coordinator of the Ecosystemic Clinical Child Psychology Emphasis and director of the Ecosystemic Play Therapy Training Center at Alliant International University - Fresno. He is the cofounder and a director emeritus of the Association for Play Therapy and has received the APT Lifetime Achievement Award.

Dr. O'Connor is the author of numerous books, including *The Play Therapy Primer, 2nd Edition*, coauthor of *Play Therapy Treatment Planning and Interventions, 2nd Edition*, and coeditor of the *Handbook of Play Therapy, Volumes I & II* and *Play Therapy Theory and Practice, 2nd Edition*. He regularly presents workshops across the United States and abroad, having presented in Canada, Israel, Italy, Japan, Korea, Kuwait, the Netherlands, Mexico, Portugal, Singapore and South Africa. Finally, Dr. O'Connor is a board-certified clinical child and adolescent psychologist and fellow of the American Psychological Association who maintains a small private practice treating children and adults.

SAND TRAY THERAPY THROUGH THE LENS OF INTERPERSONAL NEUROBIOLOGY

Tuesday, June 7, 8:30 a.m.– 4 p.m.

When you combine sand tray therapy with current trends in the mental health field toward a focus on interpersonal neurobiology (IPNB), you have the potential to greatly enhance its effectiveness. Viewing this modality through the lens of IPNB also strengthens it as a science-informed therapeutic modality. In this presentation, concepts of IPNB that are already familiar to many play therapists will be discussed in the context of this play therapy modality, including: (1) working at the regulatory edges of the window of tolerance; (2) the play circuitry in the brain as introduced by Jaak Panksepp; (3) the polyvagal theory of play according to Stephen Porges; (4) Daniel Siegel's ideas of the storytelling brain; and (5) the broaden-and-build theory of positive emotions by Barbara Fredrickson.

The integration of these theories within the practical applications of sand tray therapy will be the focus of this presentation demonstrating the idea that play therapy has a solid scientific basis as seen in the example of this particular modality. In this workshop, there will be a balance of didactic and hands-on experiences to convey and clarify these concepts.

Continuing Education

The Northwest Center for Play Therapy Studies and George Fox University will offer 6.0 contact hours of Continuing Education (CE) for each workshop day. The following approvals are available:

- National Board of Certified Counselors (NBCC)
- Association for Play Therapy (APT provider # 03-134)
- National Association of Social Workers (NASW)

George Fox University/NW Center for Play Therapy Studies has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4447. Programs that do not qualify for NBCC credit are clearly identified. George Fox University/NW Center for Play Therapy Studies is solely responsible for all aspects of the programs. George Fox University/NW Center for Play Therapy Studies is an APT Approved Provider [#03-134] and retains sole and ultimate responsibility for the quality, conduct of, and record-keeping for such programs. This program is approved by the National Association of Social Workers [Approval # 88-6411347] for six (6) continuing education contact hours.

Presenter:

Theresa Kestly, PhD, RPT-S is a clinical psychologist, educator, consultant and a registered play therapist-supervisor. She is author of *The Interpersonal Neurobiology of Play: Brain-Building Interventions for Well-Being*, part of the Norton Series on Interpersonal Neurobiology. In her private practice in Corrales, N.M., she specializes in play therapy and sand tray therapy with children, adults, families and couples. Theresa has worked with Native Americans over a number of years as a teacher and consultant. She is past president of the New Mexico Association for Play Therapy, and she is the founder and director of the Sand Tray Training Institute of New Mexico in Corrales, N.M..

FAMILY TIES: USING FAMILY PLAY THERAPY TO LOOSEN BINDS AND STRENGTHEN BONDS

Wednesday, June 8, 8:30 a.m.– 4 p.m.

Despite the increasing recognition of the importance of family-oriented clinical practices, research suggests that children are often left out of family therapy, and families are often left out of play therapy. Clinicians who encounter families with young children frequently report discomfort and a lack of training in how to work with this population in ways that are developmentally appropriate and inclusive of the entire family.

Family play therapy "levels the playing field" for all members of the family, particularly children. Children are honored when they are treated as equal members of the family; their valuable contribution to the family treatment process is lost when they are not given the opportunity to participate. In this workshop, participants will explore the theoretical and research-based rationale for using family play therapy with children and their families. Come see how family play therapy can provide a developmentally appropriate and inclusive approach for working with the entire family.

Presenters:

Daniel Sweeney, PhD, LMFT, LPC, RPT-S is a professor of counseling, director of the Clinical Mental Health Counseling program, and director of the Northwest Center for Play Therapy Studies at George Fox University. He is a past board member and president of the Association for Play Therapy. Dr. Sweeney maintains a small private practice and is an international presenter. He is author or coauthor of several books, including *Play Therapy Interventions with Children's Problems*, *Counseling Children Through the World of Play*, *Sandtray Therapy: A Practical Manual*, *The Handbook of Group Play Therapy*, and *Group Play Therapy: A Dynamic Approach*. Dr. Sweeney and his wife live in Portland near their four adult children and grandchildren.

Nick Cornett, PhD, LMFT, LPC, RPT is an assistant professor in the Graduate Counseling Program at John Brown University, where he primarily teaches courses on working with families using family systems theory, family therapy, and family play therapy. His interest in using play therapy with children and families began while he was completing his doctoral studies at the University of North Texas, where he had the opportunity to receive extensive training, supervision and experience in working therapeutically with young children and their families using play therapy. Dr. Cornett is published and a frequent presenter.

CHILD PARENT RELATIONSHIP THERAPY

(CPRT): An Evidence-Based 10-Session Filial Therapy Model

Must register for both days

Thursday/Friday, June 9-10, 8:30 a.m.– 4 p.m.

This two-day workshop will focus on the dynamic relationship facets of training parents to be therapeutic agents in their children's lives. Using a format of didactic instruction, demonstration play sessions, required at-home play sessions, and supervision, parents are taught basic child-centered play therapy principles and skills including tracking, responsive listening, reflecting feelings, returning responsibility to children, the ACT model of limit setting, building children's self-esteem and how to structure weekly 30-minute play sessions with their children using a special kit of selected toys.

This is a practical "how to" workshop that includes training/treatment outlines for the 10 sessions, how to teach child-centered play therapy skills, toys and materials needed, techniques for involving parents in the learning process, balancing training and meeting parents emotional needs, utilizing group dynamics, and facilitative supervision. Demonstrations and video segments of Dr. Landreth's CPRT parent training sessions clarify the training process. CPRT's preventative nature and relatively brief treatment time frame make this treatment model attractive in today's mental health climate.

Presenter:

Garry Landreth, EdD, LPC, RPT-S is internationally recognized for his writings and work in promoting the development of child-centered play therapy. He is a Regents Professor Emeritus and founder of the Center for Play Therapy at the University of North Texas. Dr. Landreth is a frequent speaker at play therapy conferences around the world. His more than 150 journal articles, books and videos include the 2014 DVD *CPRT In Action: Four Couples In A CPRT Group* and the 3rd edition of his award-winning book *Play Therapy: The Art of the Relationship*. Dr. Landreth's other recent books are *Child Parent Relationship Therapy (CPRT): A 10-Session Filial Therapy Model* and an accompanying *Child Parent Relationship Therapy (CPRT) Treatment Manual*. His CPRT Model received the Best Practices in Parent/Family Education Award. Dr. Landreth is director emeritus of the Association for Play Therapy (APT). He received the APT Lifetime Achievement Award, the APT Research Award, and the Virginia Axline Distinguished Professional Award for his work in conceptualizing and advancing the child-centered approach to play therapy. Dr. Landreth is an Honorary Visiting Research Professor at the University of Roehampton in England.

Workshop Fees

The fee is \$139 per day for each workshop, with a student discount rate of \$89 per day. Attendance is limited, so early registration is recommended.

Register online at nwplaytherapy.org

Daily Schedule	
8 a.m.	Registration
8:30 a.m.	Conference
10:15 a.m.	Break
10:30 a.m.	Conference
Noon	Lunch (on your own)
1 p.m.	Conference
2:30 p.m.	Break
2:45 p.m.	Conference
4 p.m.	Adjournment