

Test Prep Like a Champ

If studying feels easy, try a harder technique to ensure the material is more memorable.

Test yourself - see if you really understand the material.

Study until you know it, then keep studying. There is no such thing as overlearning!



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Don't just study, test yourself:

This means using retrieval practice or asking yourself test questions about the material instead of rewriting or rereading your notes.

Read before you write:

Before answering the question, read the questions and answers, and think about what you want to say. When you rush, you may risk making mistakes.

Understanding vs. Explaining:

If someone reads you the material and you understand it, this doesn't mean you know it! But if you can explain it to others, then you know it!

Never give up:

You may not know the answer, but give yourself time, mark the question, and move on. Come back to it later in the exam. Give your brain time to process.