

Ease Your Mind with the EAP..

Save time and balance life.

Childcare Services – childcare professionals provide information and support on parenting, school issues, adoption, college planning, teenager challenges, summer camps, daycare, and other important issues for parents.

Adult and Eldercare Services – adult and eldercare specialists assist in finding quality information and services including transportation, meals, exercise, activities, prescription drug information, in-home care, daytime care, and housing.

Pet Concierge – participants can request pet packets on topics of pet selection, traveling, first aid, pet proofing a home, choosing a kennel and veterinarian, along with referral services for groomers, kennels, walkers, sitters and veterinarians.

Legal Services – access a free, half-hour consultation, by phone or in person, followed with a 25% discount in legal fees.

Will Preparation – receive a free will template to complete in your own time, then just have it signed and notarized as a legal document.

Mediation Services – request free consultations for personal, family, and non-work related issues such as divorce, neighbor disputes, or real estate.

Financial Services – access free phone consultations for financial issues such as debt counseling, budgeting, and college or retirement planning.

Home Ownership Program – get free support and information about making smarter choices when shopping for a new home; making financing decisions; relocating; or selling a home.

Identity Theft Services – access support in planning the recovery process for restoring your identity and credit after an incident.

Website – at MyRBH.com, you can access current health news, tools for parenting, health topic movies, wellness resources, financial calculators, legal forms, and over 50 online trainings.

Help yourself.

The EAP provides services to help people privately resolve problems that may interfere with work, family, and life. Confidential services cover employees and their financial dependents, living at or away from home, and all household members, related or not. The EAP is provided for FREE (no out-of-pocket cost), as part of your long-term disability (LTD) benefit from LifeMap Assurance Company.

Access confidential support, fast.

24-hour Crisis Help – toll-free access for you or a family member experiencing a crisis. 866-750-1327

In-person Counseling – up to 4 face-to-face counseling sessions for each issue. Simply call for access to qualified, local counselors who can help you with a variety of problems such as family, parenting, relationship, stress, anxiety, and other challenges. 866-750-1327

Online Consultations – convenient access to online consultations with licensed counselors through RBH eAccess at MyRBH.com. Online consultations are a great way to try counseling for the first time or to get support even when time is limited. www.MyRBH.com



866-750-1327

Call the EAP



Scan to call.



www.MyRBH.com

Visit Online



Scan to visit.



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MyRBH Access Code:

LIFEMAP