

Exercise Science Course Plan

Catalog Year 2020-2021

Legend

*** Major Requirement**

Must be taken to fulfill major requirements.

† Major Elective

Must be taken to fulfill major requirements, or replaced with an equivalent course.

‡ Gen-Ed Requirement

Must be taken to fulfill general education requirements.

§ Elective

Can be chosen from a selection of courses.

See MyGFU for detailed academic requirements.

First Year

Fall Semester

| | |
|---|-------------------|
| Intro to Exercise Science (HHPE 210) * | 2 credits |
| General Biology (BIOL 211) * | 4 credits |
| Knowing and Being Known (LIBA 100) ‡ | 3 credits |
| I Believe I (THEO 101) ‡ | 3 credits |
| *MATH GE Requirement (MATH 190 or higher) ‡ | 4 credits |
| Semester Total | 16 credits |
| Cumulative Total | 16 credits |

Spring Semester

| | |
|--|-------------------|
| General Psychology (PSYC 150) * | 3 credits |
| I Believe II (THEO 102) ‡ | 3 credits |
| Introduction to Communication (COMM 100) ‡ | 3 credits |
| History/Politics/Intl Studies GE Requirement ‡ | 3 credits |
| Elective § | 3 credits |
| Semester Total | 15 credits |
| Cumulative Total | 31 credits |

Second Year

Fall Semester

| | |
|---|-------------------|
| Human Anatomy & Physiology (BIOL 221) * | 4 credits |
| Care and Prevention of Athletic Injuries (HHPE 390) * | 3 credits |
| Statistical Procedures (Can be PSYC 240 or MATH 240) (PSYC 240) * | 3 credits |
| HUMA 290 or Fine Arts GE Requirement ‡ | 3 credits |
| Elective § | 3 credits |
| Semester Total | 16 credits |
| Cumulative Total | 47 credits |

Spring Semester

| | |
|---|-------------------|
| Human Anatomy & Physiology (BIOL 222) * | 4 credits |
| Lifelong Fitness (HHPA 120) ‡ | 2 credits |
| HUMA 205 or Philology & Literature GE Requirement ‡ | 3 credits |
| Bible Elective GE Requirement (THEO 215 or 315) ‡ | 3 credits |
| Elective Credits § | 3 credits |
| Semester Total | 15 credits |
| Cumulative Total | 62 credits |

Third Year

Fall Semester

| | |
|--|-------------------|
| General Chemistry I (CHEM 211) * | 4 credits |
| Kinesiology (HHPE 394) * | 3 credits |
| *Additional Major Elective Requirement (Some courses are offered in alternative years; plan accordingly) * | 2 credits |
| Elective Credit § | 6 credits |
| Internships: Finding/Succeeding (CPAS 216 optional/recommended) § | 1 credits |
| Semester Total | 16 credits |
| Cumulative Total | 78 credits |

Spring Semester

| | |
|--|-------------------|
| General Chemistry II (CHEM 212) * | 4 credits |
| Exercise Physiology and Lab (HHPE 430) * | 3 credits |
| Intercultural GE Requirement ‡ | 3 credits |
| Elective Credits § | 6 credits |
| Semester Total | 16 credits |
| Cumulative Total | 94 credits |

Fourth Year

Fall Semester

| | |
|--|--------------------|
| General Physics I (PHYS 201) † | 4 credits |
| HHP Field Experience (HHPE 475) * | 3 credits |
| Senior Seminar (HHPE 490) * | 1 credits |
| Navigating College to Career (CPAS 318 optional/recommended) § | 1 credits |
| Elective Credits § | 7 credits |
| Semester Total | 16 credits |
| Cumulative Total | 110 credits |

Spring Semester

| | |
|--|--------------------|
| General Physics II (PHYS 202) * | 4 credits |
| **Motor Development and Motor Skill Learning (HHPE 470) * | 3 credits |
| *Additional Elective Requirement (Some courses are offered in alternative years; plan accordingly) * | 3 credits |
| Engaging Christ in Transition (LIBA 400) ‡ | 3 credits |
| Elective Credits § | 3 credits |
| Semester Total | 16 credits |
| Cumulative Total | 126 credits |