

ACADEMIC RESOURCE CENTER Read. Write. Learn. . . Better arc.georgefox.edu

Test-Taking Review

Please rate your test-taking strategies. (1 = lowest: 5=highest)

| Rating: | 1 | 2 | 3 | 4 | 5 |
|------------------------------------------|------|-------|---|---|---|
| Test Preparation: Mental, Physical, | Emot | ional | , | | |
| Adequate amount of sleep | O | O | O | O | Ο |
| Proper nutrition | O | O | O | O | O |
| Good exercise patterns | O | O | O | O | O |
| Low stress level | O | O | O | O | O |
| Good health | O | O | O | Ο | O |
| Test Preparation: Study Strategies | | | | | |
| Completed assigned readings | O | O | O | O | O |
| Had complete notes | O | O | O | O | O |
| Knew what test would cover | O | O | O | O | O |
| Clarified questionable material | O | O | O | O | O |
| Planned study time | O | O | O | O | O |
| Reviewed all material | O | O | O | O | O |
| Paced review | O | O | O | O | O |
| Test –Taking Strategies | | | | | |
| Arrived on time | O | O | O | O | O |
| Sat in usual place | O | O | O | O | O |
| Previewed test | O | O | O | O | O |
| Planned time | O | O | O | O | O |
| Used mnemonic devices | O | O | O | O | O |
| Noted key words in questions | O | O | O | O | O |
| Understood questions | O | O | O | O | O |
| Asked for clarification | O | O | O | O | O |
| Answered what was asked | O | O | O | O | O |
| Included all important information | O | O | O | O | O |
| Stayed calm | O | Ο | O | Ο | O |
| Post-Test Strategies | | | | | |
| Reviewed returned test | O | O | O | O | O |
| Corrected errors | O | O | O | O | O |
| Identified reasons for incorrect answers | O | O | O | O | O |
| Clarified problems with instructor | O | O | O | O | O |
| TOTAL: | | | | | |
| Score: | | | | | |

(Poor: 27-54; Fair: 55-81; Good: 82-108; Excellent: 109-135)