

George Fox University School of Physical Therapy Presents

# **Vestibular Rehabilitation: Evidence-Based Evaluation and Treatment to Decrease Dizziness and Restore Balance**

*Featuring Brady Whetten, DPT, GCS*

NOVEMBER 16-17, 2018

1:00PM-5:15PM & 8:00AM-5:30PM

GEORGE FOX UNIVERSITY – ROBERTS CENTER

*12 CEU'S WILL BE ISSUED UPON COMPLETION OF THE COURSE*



Dizziness and imbalance are the most common complaint for older adults to their physicians, and individuals with dizziness are 12 times more likely to fall. This is a major problem for our health care system as a whole. While complaints of dizziness increase with age, people of all ages are at risk for developing dizziness and vertigo. Regardless of the treatment population you work with, there is a very strong likelihood that you will come across individuals that complain of dizziness and imbalance. Don't get caught spinning! You can make a difference and improve the quality of life for your patients that suffer from these conditions. You can change their brain! The purpose of this course is to equip you with the tools you need to correctly identify and treat common causes of dizziness and imbalance. The focus will be on the peripheral vestibular system, with discussion of differential diagnosis with central vestibular pathologies and non-vestibular causes of dizziness. We will discuss in depth evidence-based outcome measures with the aim of guiding interventions to help patients with dizziness and imbalance reach their optimal potential. Video case studies and lab sessions will be included to facilitate immediate clinical application. For more information and to register, please visit <https://www.georgefox.edu/physical-therapy/events/continuing-education.html>



Brady Whetten, DPT, GCS, received a degree in Exercise Science from Brigham Young University and a Doctorate of Physical Therapy from the University of Utah. He is currently practicing as a physical therapist at Northwest Rehabilitation Associates in Salem, OR. He specializes in working with geriatric and neurologic populations and is passionate about learning and applying the latest evidence to maximize improvements for elderly individuals and individuals with neurologic disorders, including dizziness and vertigo. He is a Board-Certified Geriatric Clinical Specialist, and has presented on a variety of topics dealing with geriatric and neurologic physical therapy around the country. Brady has completed the Vestibular Competency course through Emory University. He is currently serving on a number of committees for the Vestibular Special Interest Group of the Neurology section of the APTA.

Included in these responsibilities is a member of the Critical Appraisal Team for the development of Clinical Practice Guidelines for unilateral vestibular hypofunction.