Dizziness and imbalance are the most common complaint for older adults to their physicians, and individuals with dizziness are 12 times more likely to fall. This is a major problem for our health care system as a whole. While complaints of dizziness increase with age, people of all ages are at risk for developing dizziness and vertigo. Regardless of the treatment population you work with, there is a very strong likelihood that you will come across individuals that complain of dizziness and imbalance. Don’t get caught spinning! You can make a difference and improve the quality of life for your patients that suffer from these conditions. You can change their brain! The purpose of this course is to equip you with the tools you need to correctly identify and treat common causes of dizziness and imbalance. The focus will be on the peripheral vestibular system, with discussion of differential diagnosis with central vestibular pathologies and non-vestibular causes of dizziness. We will discuss in depth evidence-based outcome measures with the aim of guiding interventions to help patients with dizziness and imbalance reach their optimal potential. Video case studies and lab sessions will be included to facilitate immediate clinical application. For more information and to register, please visit https://www.georgefox.edu/physical-therapy/events/continuing-education.html

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