Marie-Christine Rutter Goodworth, Ph.D.

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Graduate Department of Clinical Psychology
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EDUCATION

Ph.D. Counseling Psychology, Arizona State University, Tempe, AZ 2008
APA accredited
Dissertation: Theory-Based Intervention for Caregivers of Bone Marrow Transplant Patients.
Thesis: Development of a Mentoring Scale for Use with Graduate Students

M.A. Clinical Psychology, Wheaton College, Wheaton, IL 2000
APA accredited

B.A. Psychology, Wheaton College, Wheaton, IL 1997

Baccalauréat Scientifique et International, 1994
Lycée International des Pontonniers Strasbourg, France

CLINICAL EXPERIENCE

Clinical Supervisor, Oregon Health Sciences University Richmond Clinic and Scappoose Clinic, Portland OR. 12-16 hours per week (December 2013-present)

- Provide individual supervision to 7 practicum clinical psychology doctoral students delivering a wide range of clinical services to patients in integrated primary care clinics federally qualified health centers. Co-sign chart notes, review assessment reports, oversee clinical work.
- Provide consultation to clinic on increasing integration of psychological services into the primary care clinic, improving collaboration between medical and behavioral health. Represent behavioral health and the practicum students with the Richmond clinic leadership and behavioral health integration steering committee.
- Lead multidisciplinary behavioral health forum which includes participants from all fields (social work, psychology, nurse practitioner, physician and psychology and social work students). Address topics such as behavioral health integration, charting, consent form, invite guest speakers, coordinate student presentations, lead group discussions on clinical topics or training topics.

Clinical Supervisor, Providence Medical Group, 1003 Providence Drive, Newberg, OR 97132 and 16770 Edy Road, Sherwood, OR 97140. 3 hours per week (March 2011 to present).

- Provide individual supervision to three practicum clinical psychology doctoral students who deliver a wide range of services to patients in an integrated primary care clinic.

Patients are referred by their primary care physician to address a host of psychological issues such as mood and anxiety disorders.
- Provide group supervision to all 6 practicum students across the two clinics.
- Provide consultation to the Palliative Care group developing an implementation plan for palliative care services for the medical center.

Clinical Supervisor, Concordia University, 2811 NE Holman Street, Portland, OR 97211. 1 hour per week (August 2010 – September 2013)
- Provided individual supervision for the practicum student's assessment rotation.
- Supervised student on all aspects of the assessment, including intake, deciding which assessments to utilize, administration, scoring, interpretation and report-writing. Assessments are integrated assessments to evaluate students who might need scholastic accommodations.

Psychology Post-Doctoral Fellow, Medical College of Georgia, 997 St Sebastian Way Augusta, GA. 30912, (706) 721-7969. Full time 50 hours per week (September 2008 – August 2010).
- Concentrated clinical and research activities with adult medical. Performed psychodiagnostic assessments, planned treatments, and evaluated outcomes for patients in this behavioral health setting.
- Provided brief and long-term individual, family and group psychotherapy to individuals with co-morbid disorders including PTSD, depression, substance abuse and chronic illnesses, particularly those with HIV/AIDS or Multiple Sclerosis.
- Provided on-site psychology consultation in the Adult Infectious Disease and the Augusta MS center medical clinics. Functioned as part of a multidisciplinary treatment team in a variety of clinical environments including inpatient medical units, outpatient medical units, and inpatient/outpatient psychiatry. Facilitated monthly Support Group for patients with MS and their caregivers/loved ones.
- Provided informal supervision for interns/residents and medical students during their clinical training.
- Primary research/administrative duties included managing, analyzing data, manuscript writing. Sub-investigator and study coordinator for studies entitled "Changes in quality of life among patients in an MS Center referred for aquatics therapy" and "Validation or a measure of patient activation in a multiple sclerosis clinic population." Primary Investigator for study entitled: "Assessment of Caregiver Activation, Distress, Communication with Physician and Health-Promoting Behaviors of Caregivers of Patients with Multiple Sclerosis"

Supervisor: Lara Stepleman, Ph.D.

APA-Approved Clinical Psychology Internship, Southern Arizona VA Health Care System, 3601 6th Ave Tucson, AZ 85723; (520) 792-1450; Full Time 40 hours per week (August 20, 2007-August 20, 2008).
- Health psychology: Conducted pain assessments, co-taught psycho-educational groups for pain management. Participated in conducting autogenic relaxation group for chronic pain. Conducted individual cognitive-behavioral therapy for chronic pain (including Fibromyalgia). Co-led cognitive behavioral group for sleep apnea (CPAP desensitization) and insomnia. Conducted assessments for sleep disorders and pain. Taught psycho-

educational groups on sleep inpatient psychiatric patients. Provided supportive psychotherapy for patients in hospice or hospitalized patients. Supervisors: Andrew Jones, Ph.D., Patricia Haynes, Ph.D.

- Polytrauma/PTSD: Assisted with the assessment of Traumatic Brain Injury and Post Traumatic Stress Disorder (PTSD) in combat OIF/OEF veterans. Consulted with providers on the polytrauma team including social workers, speech pathologists, nurses, and neurologist. PTSD psychodiagnostic assessments, co-led group therapy utilizing Cognitive Processing Therapy (CPT). Participated in co-leading group therapy for intensive inpatient PTSD treatment. Supervisors: Glenn Marks, Ph.D.; Michael Marks, Ph.D.; Alan Baehr, Ph.D.
- Mental health: Co-led Dialectical Behavioral Therapy (DBT) skills group for women with personality disorders and cognitive behavioral therapy group for men with depression. Led relaxation group for psychiatric patients on the inpatient unit. Taught DBT emotion regulation skills to psychiatric patients on inpatient unit. Conducted intellectual assessments (Wechsler Adult Intelligence Scale-III, Wechsler Adult Scale of Intelligence, Conner's Continuous Performance Test-II, MicroCog Assessment of Cognitive Functioning) and psychological assessments (Minnesota Multiphasic Personality Inventory – 2, Millon Clinical Multiaxial Inventory-III), administered, scored, interpreted and completed integrative reports. Conducted individual therapy using a variety of up-to-date treatment modalities including evidence-based DBT, Motivational Interviewing, Mindfulness-based Cognitive Therapy, and Seeking Safety protocol for PTSD. Employed advanced psychological theories and case conceptualization and engaged in individual and group supervision. Supervisors: Julie Ewing, Ph.D. and Michael Gann, Ph.D.
- Neuropsychology: Conduct neuropsychological testing for patients referred for Multiple Sclerosis, Alzheimer's, Mild Cognitive Impairment, Early Dementia. Administer and score WAIS-III, Controlled Oral Word Association, Boston Naming Test, Wechsler Memory Scale, WASI, Rey Complex Figure, Wisconsin Card Sort, Trail Making, California Verbal Learning Test-II, Mini Mental Status Exam, D-KEFS 20 questions. Supervisor: James Comer, PhD. ABPP

Advanced Doctoral Clinical Research Field Placement, City of Hope Bone Marrow Transplant Program at Banner Health Good Samaritan Hospital, 1111 E. McDowell Road, Phoenix, AZ 85006, (602) 839-2000; (August 20, 2006-August 16, 2007) 10 hours per week

- Developed brief treatment intervention for caregivers of bone marrow transplant patients. Consulted with medical staff, social worker and psychologist on research design and implementation of the intervention study for caregivers in the Bone Marrow Transplant Program. Supervisor: Kristina Cooper, Ph.D.

Advanced Doctoral Field Placement, Banner Health Good Samaritan Hospital. City of Hope Bone Marrow Transplant Program at Banner Health Good Samaritan Hospital, 1111 E. McDowell Road Phoenix, AZ 85006, (602) 839-2000; (August 2005-May 2006) 20 hours per week.

- Performed brief psychological interventions for hospitalized patients referred by physicians and nurses, primarily on the oncology unit, helping patients adjust to new diagnosis, coping with chronic pain, grieving family members, coping with cancer

treatment etc.

- Administered psychological assessments to inpatients in the psychiatric unit and to outpatients at the Behavioral Health Center.
- Provided individual therapy to outpatients and administered a manualized treatment for Obsessive Compulsive Disorder. Co-led a group for children with parents or family members with cancer.

Supervisor: Kristina Cooper, Ph.D.

Doctoral Field Placement, Phoenix Job Corps, Phoenix Job Corps Center, 518 South Third Street, Phoenix, AZ 85004, (602) 254-5921 (August 2004 – May 2005) 20 hours per week.

- Provided individual therapy to adolescents and young adults ages 16 through 26 who are in job training and earning their GED or high school diploma. Tailored interventions to culturally diverse clients, including Native American students, and presented with various problems including history of drug abuse, sexual abuse, self harm, suicidal ideation, homelessness, post-traumatic stress disorder and depression.
- Performed intake assessments and treatment plans. Worked with a multidisciplinary team including nurses and psychiatrist, teachers, residential assistants and school counselors. Conducted case presentations, participated in group and individual supervision.
- Co-lead a psycho-educational group for refugees and immigrants in transition.

Supervisor: William Cabianca, Ph.D.

Psychometrist, Maricopa County Juvenile Detention Center, Mesa, AZ. Part Time 5 hours per week (August 1, 2004- August 1,2005) .

- Administered and scored court ordered psychological tests to adolescents who were detained, on probation or in court proceedings, including the Minnesota Multiphasic Personality Inventory (MMPI), Wide Range Achievement Test – III (WRAT-III), Kauffman Brief Intelligence Test (KBIT), Cattell Culture Fair III, Bender Gestalt Test, Reynolds Adolescent Depression Scale (RADS), Clinical Interview, Carlson Psychological Survey (CPS), Projective Test, Adolescent Psychopathology – Short Form (APS-SF), Buss Durkey Inventory, Thematic Apperception Test (TAT), Cognition Scale, Multiscore Depression Inventory (MDI), Peabody Individual Achievement Test – Revised (PIAT-R).

Supervisor: J. Hollebeek, Ph.D., Dr. Martig, Dr. Silberman.

Doctoral Practicum Counselor, Counselor Training Center, Arizona State University, PO Box 870611 Tempe, AZ 85287-0611; (480) 965-5067 (August 2003- June 2004) 20 hours per week.

- Provided individual therapy to clients with various presenting problems including past sexual abuse, divorce, career counseling, and child custody conflict. Performed intake assessments and treatment plans. Conducted case presentations and participated in group and individual supervision.

Supervisor: Judith Homer, Ph.D.

Psychology Extern, Michael Reese Hospital, 2929 S Ellis Ave, Chicago IL 60616, (312) 791-2000; (August 1999- May 2000) 20 hours per week.

- Administered 14 batteries of psychological tests (Clinical Interview, Thematic Apperception Test, Projective Questions, Wechsler Intelligence Scale for Children Third

Edition, Sentence Completion, Projective Drawings, Bender-Gestalt) to in-patient adolescents and children, wrote integrated psychological reports.
- Counseled clients in the out-patient clinic (child, adolescent and adult). Co-led two therapy groups: children's feelings group and adolescent loss group.
- Conducted case presentations to supervising hospital staff and interns. Completed a 22-hour basic course in hypnosis.

Supervisor: Peter Shabad, Ph.D.

TEACHING EXPERIENCE

Assistant Professor- tenure track, Doctoral Program in Psychology (Psy.D.) Graduate Department of Clinical Psychology, George Fox University, 414 N Meridian St V104, Newberg, OR 97132. Full time 40 hours per week (August 2010 – present).

- Required courses taught: Learning and Memory and Emotion and Spiritual Formation to first year doctoral students in the Clinical Psychology Doctoral program; Consultation, Evaluation and Education for third year doctoral students, Comprehensive Assessment to third and fourth years. Elective Courses taught: Substance Abuse, Health Psychology to second, third and fourth years.
- Provide clinical mentoring to group of 7 students at various practica sites in the area (hospital clinics, university counseling center, schools).
- Mentoring first through fifth year doctoral students their dissertation research.
- Dissertation Chair*:*
  - Influence of Caregiver Activation on Health of Informal Caregivers of Alzheimer's Patients – Trinity Parker, 4th year doctoral student.
  - Perceptions of Intelligence and Academic Achievement Among Undergraduate Students with Learning Disorders – Ashley Blake, 4th year doctoral student
  - Four students are currently conceptualizing their dissertation (Topics: palliative care intervention, persistent pain behavioral health intervention in a primary care clinic, regional contributors to high incidence of suicides, resilience and chronic illness).
  - Completed dissertations I've chaired:
    - Examining the Physical and Mental Health Effects of an Obesity Prevention Program in Adolescent Females: A Pilot Study – Luann Foster
    - Integration of behavioral health services in Primary Care - Syrett Yvonne Torres.

Instructor EDT 300, Arizona State University, PO Box 871211 Tempe, AZ 85287-1211, (480) 965-4963. Part Time10 hours per week (January 20-May 15, 2005).

- Full teaching position of an undergraduate education technology course in the college of education. Course designed to integrate technology into lesson plans for undergraduates seeking to become elementary education teachers. Class held on site at elementary school.
- Instructed students using a computer projected in the classroom and led students through technological steps designed to aid them in their own teaching. Prepared syllabus, assignments, lectures and activities.

Supervisor: Herbert Dwyer, Ph.D.

Instructor EDP 310, Arizona State University, PO Box 871211 Tempe, AZ 85287-1211, (480) 965-5366. Part Time 10 hours per week (August 20, 2004- May 15, 2007).

- Independent instructor of two modules per semester (moral development and motivation). Designed course layout, class syllabi, lectures, activities, assignments, grading and course organization.

Supervisor: Jill Stamm, Ph.D.

Teaching Assistant, Foreign Language Department, Wheaton College, Wheaton IL. Part Time 10 hours per week (August 20, 1994-May 15, 1995).

- Graded papers, exams, provided support to professor for lectures.

Supervisor: Allan Savage, Ph.D.

RESEARCH EXPERIENCE

Postdoctoral fellow, Georgia Health Sciences University, Augusta, GA. (September 2008 to August 2010).

- 50% research fellow.
- Conducted research in the area of patient and caregiver activation in the neurology clinic

Supervisor: Lara Stepleman, Ph.D.

Dissertation Research "Theory-Based Intervention for Caregivers of Bone-Marrow Transplant Patients", Counseling Psychology Program, Arizona State University, PO Box 870611 Tempe, AZ 85287-0611; (480) 965-6104 (March 2006-May 2008).

- Developed a theory-based intervention for identified caregivers of patients undergoing bone marrow transplant. Conducted extensive literature review, identified measures, conceptualized intervention, research design, and methodology. Dissertation Defended May 12, 2008.

Dissertation Committee: Sharon Robinson Kurpius, Ph.D. (Chair), Kris Cooper, Ph.D., Pauline Komnenich, Ph.D., Patricia Arredondo, Ed.D.

Research Assistant, Arizona State University College of Nursing and Health Innovation. 500 North 3rd Street, Phoenix, AZ, 85004, (602) 496-0861; Part Time 10 hours per week (August 20 2005-August 17, 2007).

- Managed data base of articles on caregiving spanning 1985-2005. Developed coding method for a subsample of caregiving articles focusing on interventions for caregivers as part of a systematic review project on caregiving. Researched literature review methods investigating various types of reviews for clarity as well as use in the caregiving project.
- Conducted a systematic review of all experimental intervention studies for informal caregivers of older adults over the last ten years, results presented at Association for Gerontology in Higher Education.

Principal Investigator: Pauline Komnenich, Ph.D.

Research Assistant, School of History, Philosophy, Religious Studies, Arizona State University, PO Box 874302 Tempe, AZ 85287-4302, (480) 965-4463; Part Time 5 hours per week (January 20 to March 20, 2006) .

- Developed scale on religious tolerance for use in Bosnia-Herzegovina and Bosnians, Serbs and Croats in the United States. Consulted with Bosnian, Serb and Croat students for feedback on the measure.

Principal Investigator: Brian Gratton, Ph.D.

Thesis Research "Development of a Mentoring Scale for Use with Graduate Students", Counseling Psychology Program, Arizona State University, PO Box 870611 Tempe, AZ 85287-0611, (480) 965-6104 (2005-2006).

- Developed a measure of the perceptions and behaviors of mentoring of graduate students. Designed survey using survey monkey, collected responses, transferred data to SPSS. Performed internal reliability analyses and external validation of the scale in terms of career development. Thesis defended September 2006.

Thesis Co-Chairs: Patricia Arredondo, Ed.D. (414) 229-5220, and Joanna Gorin, Ph.D. Thesis committee member: Sharon Kurpius, Ph.D.

Co-researcher, Stardust Project, Arizona State University, Tempe, AZ; Volunteer 5 hours per week (August 2005-August 2007) .

- Collaboration with Habitat for Humanity, Arizona State University School of Architecture and other community agencies to explore biopsychosocial variables that influence behavior and well-being (e.g. academic persistence, aging and health, coping, stress, acculturation).
- Co-designed research methodology and identified constructs of interests and outcome measures. Conducted community field research, scheduling interview, community outreach presentation of research project, completed on-site structured interviews (2-4 hrs) with home-owners. Data entry and transcription. Conference presentation ACA (March 2008).

Principal Investigator: Patricia Arredondo, Ed.D.

Research Assistant, Counseling Psychology Program, Arizona State University, Tempe AZ; Volunteer 5 hours per week (October 2003-October 2005).

- Performed thematic searches on mentoring women as well as school-girls' success in the classroom. Prepared Institutional Review Board submission for the University.
- Conducted interviews and co-led focus groups with female and male students and professors. Recorded and transcribed data. Identified themes and coded data using grounded theory.
- Co-authored manuscript of article for submission to a peer reviewed journal article.

Principal Investigator: Patricia Arredondo, Ed.D.

Professional Research Assistant, Department of Clinical Psychology, University of Colorado at Boulder, 345 UCB Boulder, Colorado 80309-0345, 303-492-8662; Full Time 40 hours per week (May 15, 2001- July 23, 2003).

- Managed two grant-funded research projects entitled: "The effects of Olanzapine on anticipatory cigarette craving and the stimulatory and rewarding effects of actual cigarette smoking" and "The effects of Olanzapine on cue-elicited craving for alcohol." Responsible for initial contact and screening of study participants, application of experimental protocols, DNA collection. Assisted in the development of experimental

protocols, performed IRB submissions, requested FDA approvals.

- Administered 83 Structured Clinical Interviews (SCID-I Clinical Version) to incoming participants of the alcohol treatment study. Gathered psycho-physiological and subjective data, managed and analyzed data.
- Co-authored manuscript of article submitted for publication. Developed posters for presentation at the Research Society for Alcoholism conference and the Society for Research on Nicotine and Tobacco conference.

Principal Investigator: Kent Hutchison, Ph.D.

Medical Research Assistant, Advocate Illinois Masonic Physical, 3000 North Halsted Street Suite 405, Chicago, IL, 60657, (773) 296-7300, Chicago IL; Part Time 20 hours per week (June 1 –August 20, 2000).

- Managed five clinical trials designed to test the effectiveness of new anti-coagulant drugs. Prepared legal communications for pharmaceutical companies and Internal Review Board of the hospital. Prepared lectures for the principal investigator. Received study coordinator training.

Principal Investigator: Juan Chediak, M.D.

Research Assistant, Child Clinical Psychology Department, University of Denver, Denver CO; Volunteer 5 hours per week (August 2002 – August 2003).

- Performed structured interviews about financial stress and coping with ethnically diverse, lower income families participating in the research project COPES.
- Administered 10 Diagnostic Interviews for Adults and Adolescents (DIAA) to incoming adult participants.

Principal Investigator: Martha Wadsworth, Ph.D.

Research Assistant, Wheaton College, Wheaton IL; Volunteer 10 hours per week (June – August 2000).

- Co-designed an evaluation study of the Chaplain Program at the Lawndale Christian Health Center in Chicago, IL. Created effectiveness assessment surveys, conducted interviews with doctors, patients, staff and chaplains.

Principal Investigator: Sally Schwer Canning, Ph.D.

OTHER WORK EXPERIENCE

Graduate Assistant, Counselor Training Center, Arizona State University, Tempe AZ; Part Time 10 hours per week (August 20, 2003- August 20, 2004).

- Managed the front desk of the counseling center. Arranged scheduling of clients and therapists, provided support for clinical staff.

Supervisor: Judith Homer, Ph.D.

Graduate Assistant, Counseling Psychology Department, Arizona State University, Tempe AZ; Part Time 10 hours per week (January 20, 2004 – August 20, 2004).

- Gathered counseling psychology program information required by the graduate college for the program's self-study and the American Psychological Association accreditation committee, which resulted in a seven year approval from the American Psychological

Association for the Counseling Psychology graduate program.
Supervisor: Richard Kinnier, Ph.D.

PUBLICATIONS

Rutter Goodworth, M.C., Stepleman, L.M. Hibbard, J. Johns, L., Wright, D.E., Hughes, M.D. & Williams, M. (2014). Variables associated in patient activation in patients with Multiple Sclerosis. *Journal of Health Psychology* (in press).

McMinn, M. R., & Goodworth, M-C., Borrelli,J., Goetsch, B., Lee, J. L., & Uhder, J. (2013). Spiritual formation training in the George Fox University Graduate Department of Clinical Psychology. *Journal of Psychology and Christianity, 32,* 313-319.

Stepleman, L. M., **Rutter, M. C**., Johns, L., Wright, D., Hibbard, J., & Hughes. M. (2009, May). Validation of a measure of patient activation in a MS clinic population. *International Journal of MS Care, 11 (supp 2).*

Stepleman, L. M, Mott, A., Wright, D., **Rutter, M. C.,** & Hughes, M. (2009, May). Referrals to aquatic therapy in MS: Patient characteristics impacting follow-through. *International Journal of MS Care, 11 (supp 2).*

Stepleman, L.M., **Rutter, M-C**., Hibbard, J., Johns, L., Wright, D., & Hughes, M.D. (*accepted for publication*). Validation of the Patient Activation Measure (PAM) in a multiple sclerosis clinic sample and implications for care. *Disability and Rehabilitation.*

Dixon Rayle, A., Bordes, V., Zapata, A., Arredondo, P., **Rutter, M-C.**, & Howard, C. (2006, May). Mentoring experiences of women in graduate education: Factors that matter. *Current Issues in Education, 9* (6). Retrieved September 22, 2006, from http://cie.asu.edu/volume9/number6/index.html

Hutchison, K. E., Ray, L., Sandman, E., **Rutter, M-C.**, Peters, A., Davidson, D., & Swift, R. (2005). The effects of olanzapine on craving and alcohol consumption. *Neuropsychopharmacology, 31*, 1310 – 1317.

Hutchison, K.E**.**, **Rutter, M-C.**, Niaura, R., Swift, R., Pickworth, W. B., & Sobik, L. (2004). Olanzapine attenuates cue-elicited craving for tobacco. *Psychopharmacology, 175*, 401-413.

McMinn, M.R., Roh, S.H., McMinn, L.G., Dominguez, A.W., Rhee, E. R., Maurina, A.B., Ham, E., **Rutter, M-C.** & Chae, P.K. (2001). Mental health needs and resources in Christian communities in South Korea. *Journal of Psychology and Theology, 29*, 140-147.

PRESENTATIONS:

National Peer-Reviewed:

Houlbjerg, C., Goins, N., Malone, M., **Goodworth, M-C.** (2014, May). *Persistent Pain in primary care: A patient-centered multidisciplinary approach.* Poster session presented at the meeting of the Oregon Psychological Association, Portland, OR.

Trinity Parker, T., Zarb, D., Blake, A., **Goodworth, M-C.** (2014, May). *Understanding caregiver activation in informal caregivers of persons with Alzheimer's disease.* Poster session presented at the meeting of the Oregon Psychological Association, Portland, OR.

Hovda, S., Hottenstein, J., Keith, T., & **Goodworth, M.C.** (2013, August). *Psychology in palliative care: A consultation service.* Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Goodworth, M-C., Zarb, D., Houlbjerg, C., Blake, A., Parker, T. & Foster, L. (2013, August). *Development of a Palliative Care Consultation Service.* Poster session presented at the meeting of the American Psychological Association, Honolulu, HI.

Zarb, D. S. H., Houlbjerg, C., Blake, A., Parker, T., **Goodworth, M**. & Foster, L. (2013, May). *Psychology in palliative care: A literature review*. Poster session presented at the meeting of the Oregon Psychological Association, Eugene, OR.

Ambroson, H., Simons, J., Ackerman, C., Peterson, M., & **Goodworth, M.C.** (2013, May). *Needs assessment of primary care physicians' perceived risks, benefits, and barriers to incorporation of behavioral health services in Coordinated Care Organizations.* Poster session presented at the meeting of the Oregon Psychological Association, Eugene, OR and awarded the "Research Award for Competency in Science and Application".

Irvine, M.J.D., Wiardia, N.R., Peterson, M., **Goodworth, M.-C**. (2012, August). *Referral Follow-Up for Chronic Pain in a Rural Emergency Department: A Consultation.* Poster session presented at the meeting of the American Psychological Association, Orlando, FL.

Gerdin, T.J., Mitchell, J.K., Peterson, M., **Goodworth, M.-C**. (2012, August). *Chronic Pain Program Consultation with a Rural Emergency Department.* . Poster session presented at the meeting of the American Psychological Association, Orlando, FL.

Rollock, M.J., Stepleman, L., Hudson, W., **Rutter Goodworth, M**., Casillas, R., Williams, M., (2012, August). *Sexual Communication, Sexual Satisfaction and Relationship Quality in People with Multiple Sclerosis.* . Poster session presented at the meeting of the American Psychological Association, Orlando, FL.

Foster, L., **Goodworth, M-C.,** Peterson, M., Dill, K., Hamilton, E. (2012, August). *Effects of an Obesity Prevention Program on Mood in High Risk Adolescent Females.* Poster session presented at the meeting of the American Psychological Association, Orlando, FL.

Goodworth, M-C. R., Stepleman, L. M., Casillas, R. S., Williams, M. J., Rahn, R., Torres, S., & Foster, L. (2011, August). *Distress and Health Behaviors Related to Caregivers of Persons with Multiple Sclerosis.* Poster session presented at the meeting of the American Psychological Association, Washington, D.C.

Stepleman, L.M., **Rutter, M-C**, Johns, L., Wright, D., & Hughes, M.D. (2009, May). *Validation of a measure of patient activation in a multiple sclerosis clinic population.* Poster session presented at the meeting of the Consortium of Multiple Sclerosis Centers, Atlanta, GA.

Rutter, M-C., & Rodriguez, V.L. (2008, March). *Gender differences in health status of Latinos in Habitat for Humanity neighborhood: A community based research approach.* Poster session presented at the meeting of the American Counseling Association, Honolulu, HI.

Rodriguez, V.L., & **Rutter, M-C**. (2008, March). *Intergenerational differences in physical health and depression among Latinos living in Habitat for Humanity Housing: A community-based research approach.* Poster session presented at the meeting of the American Counseling Association, Honolulu, HI.

Komnenich, P., Fleury, J., & **Rutter, M-C** (2007, March). *A model for mentoring doctoral students: Leaders preparing leaders.* Paper presented at the meeting for the Association for Gerontology in Higher Education (AGHE), Portland, OR.

Komnenich, P., Schmidt, K.E., & **Rutter, M-C.** (2006, February). *The Caregiving experience: Results from a systematic review of the caregiving research literature from 1984 to 2005.* Paper presented at the meeting of the Association for Gerontology in Higher Education (AGHE), Indianapolis, IN.

Casillas, R.S., Rodriguez, V., **Rutter, M-C.,** & Zapata, A. (2006, April). *Conceptualizing and conducting community based research on health beliefs, health care practices, and health status among Latinos.* Poster session presented at meeting of the Relevance of Assessment and Culture in Education (RACE), Tempe, AZ.

Dixon Rayle, A., Arredondo, P., **Rutter, M.C**., Bordes, V., Zapata, A., & Howard, C. (2005, October). *Female-to-female: Co-constructing the faculty-student mentoring process.* Poster session presented at the meeting of the Association for Counselor Education and Supervision, Pittsburgh, PA.

Rutter, M-C., & Arredondo, P. (2005, April). *Development of a Mentoring Scale*. Poster session presented at the meeting of the American Counseling Association, Atlanta, GA.

Bordes, V.*, Dixon Rayle, A., Arredondo, P., **Rutter, M. C**., Zapata, A., & Howard, C. (2005, April). The mentoring needs of women in higher academia: Results of a pilot study. Poster presented at the meeting of the American Counseling Association Conference, Atlanta, GA.

Zapata, A., Howard, C., Arredondo, P., **Rutter, M.C.,** Dixon Rayle, A., Bordes, V. (2004, Ocotober). *Women's multi-dimensional mentoring: Investment and shared experience*.

Symposium presented at the meeting of the Western Association for Counselor Education and Supervision, Sacramento, CA.

Rutter, M.C., Bordes, V., Arredondo, P., Dixon Rayle, A., Zapata, A., & Howard, C. (2004, October). *Mentoring as a professional developmental process.* Poster session presented at the meeting of the Arizona Educational Research Organization, Tempe, AZ.

Ray, L., Bryan, A., Sandman, E., **Rutter, M-C**., & Hutchison, K. (2003, June). *Alcohol use and alcohol expectancies as predictors of condom use in incarcerated adolescents.* Poster session presented at the meeting of the Research Society for Alcoholism, Fort Lauderdale, FL.

Rutter, M-C., Hutchison, K., Niaura, R., Swift, W., Pickworth, W., & Sobik, L. (2003, February). *Cue-elicited craving for tobacco: Olanzapine and the DRD4VNTR.* Poster session presented at the meeting for the Society for Research on Nicotine and Tobacco, New Orleans, LA.

International Peer-Reviewed:

Casillas, R. S., **Goodworth Rutter, M-C**., Stepleman, L. M., Rollock, M., & Williams, M. J. (2011, June). *Characteristics associated with caregiver activation in MS caregivers*. Poster session presented at the meeting of the Consortium of Multiple Sclerosis Centers, Montreal, Canada.

Stepleman, L., **Goodworth Rutter, M-C.**, Casillas, R.S., Rollock, M., Rahn, R., & Williams, M.J. (2011, June). *Caregiving and physician factors related to MS caregiver health behaviors*. Poster session presented at the meeting of the Consortium of Multiple Sclerosis Centers, Montreal, Canada.

Rollock, M., Stepleman, L. M., Hudson, W., **Goodworth Rutter, M-C.,** Casillas, R.S., & Williams, M.J. (2011, June). *Sexual satisfaction and multiple sclerosis: Frequency vs. quality of sexual communication.* Poster session presented at the meeting of the Consortium of Multiple Sclerosis Centers, Montreal, Canada.

Stepleman, L., Stutts, L., Hudson, H., **Rutter, M.-C.**, & Williams, M. (2010, October). *Physician-patient communication about sexual functioning*. Poster session presented at the meeting of the European Committee for Treatment and Research in Multiple Sclerosis, Gothenburg, Sweden.

Rutter, M.-C., Stepleman, L. M., Hibbard, J., Johns, L. Wright, D., Hughes, M., & Williams, M. (2010, October).*Variables associated with patient activation in persons with multiple sclerosis.* Poster session presented at the meeting of the European Committee for Treatment and Research in Multiple Sclerosis, Gothenburg, Sweden.

Rutter, M.-C. (2008, June). *Theory-based intervention for caregivers of bone marrow transplant patients.* Paper presented at the World Congress of Psycho-Oncology, Madrid, Spain.

Other presentations:

Rutter, M-C. (2009, August). *Intimate Thoughts.* Workshop led at the Caring for the Caregiver National Multiple Sclerosis Society Retreat, Atlanta, GA.

Rutter, M-C. & Rodriguez, V. (2006, October). *Nurse burnout, secondary post traumatic stress disorder and compassion fatigue.* Presentation at the End of Life Nursing Education Class, Phoenix, AZ.

VanBuskirk S., Patel N., & **Rutter, M-C**. (2005, May). *Using film to motivate students*. Paper presented at the annual Wakonse Conference, Payson, AZ.

Rutter, M-C., Rodriguez, V. (2005, September). *Compassion Fatigue, Burnout and Secondary Trauma.* Presentation at the End of Life Nursing Education Program, Phoenix, AZ.

GRANTS

Graduate Professional Student Association Dissertation Research Award.
Project title: Intervention for caregivers of bone marrow transplant patients. Prepared and submitted to the competitive research grant. Awarded Fall 2006. Funding: $2000.

HONORS and AWARDS

Travel Grant (ASU, Tempe AZ) International Psycho-Oncology Madrid Spain June 2008
Travel Grant (ASU, Tempe AZ) American Counseling Association Montreal Canada April 2006
Travel Grant (ASU, Tempe AZ) American Counseling Association Atlanta GA April 2005
Preparing Future Faculty Program, Year 1 Exploratory Phase, 2004-2005

PROFESSIONAL DEVELOPMENT AND MEMBERSHIPS

Professional Development:

Wakonse Fellow (May 2005). Participated in Wakonse retreat for enhancement of teaching skills and multi-disciplinary collaboration.

Preparing Future Faculty (2005-2006). Accepted to participate in preparing future faculty workshops and professional development activities.

Professional/Academic Service:

Reviewer Journal of Counseling Psychology (2010). Co-reviewed manuscript related to HIV for the Journal of Counseling Psychology.

Doctoral Student Organization Faculty Representative, Arizona State University, Tempe, AZ.

(2005). Elected student representative, attended faculty meetings and distributed faculty minutes to doctoral student listserv.

Arizona Psychological Association Disaster Relief Committee Student Committee Member Internet Coordinator, Tempe, AZ. (2004-2006). Internet liaison. Participated in meetings, coordinated use of internet for committee and broadcasting of information.

Evaluation committee, Arizona State University, Tempe, IL (Spring 2005). Served as a student member of the evaluation committee for the Counseling Psychology Doctoral Program at Arizona State University. Revised, created and instituted questionnaire for evaluative purposes.

Workshop co- leader, Latin American Coalition for Psychology Summer Institute in Tegucigalpa Honduras, (July 2000).

- Co-led community psychology workshop. Presented culturally relevant prevention and intervention models, led focus groups on community approaches to gang problems in Honduras.

Supervisor: Carlos Pozzi, Psy.D.

Professional Memberships:

American Psychological Association

American Psychological Association Division 38 Health Psychology

Oregon Psychological Association

VOLUNTEER/COMMUNITY WORK

International Rescue Committee A.L.E.R.T. Volunteer, Tempe, AZ. (2005). Met with a French-speaking refugee from Africa once a week. Provided support, English lessons, active listening.

Conference Volunteer, American Counseling Association Conference, Montreal, Canada (April 2006).

Conference Volunteer, American Counseling Association Conference, Atlanta, GA (April 2005).

Conference Volunteer, National Latina/o Psychological Association Conference, Scottsdale, AZ (November, 2004).

Conference Volunteer, Relevance of Assessment and Culture in Evaluation, Tempe, AZ, (February, 2004).

After-school program leader, Carol Stream Community Center, Carol Stream IL; (1997-1999). Team led an after-school program for at-risk youth. Prepared activities, led small focus group for middle-school girls.

Camp volunteer, Urban Promise, Camden, NJ, (Summer 1996).
Served as a full time volunteer for a summer program for at-risk youth. Mentored junior-high and high-school girls. Taught activities class for children ages 5-13.

REFERENCES

Andrew Jones, Ph.D. Clinical Psychologist. Pain Clinic. Southern Arizona Veteran's Affairs Health Care System. (520) 792-1450 x 5755. Andrew.Jones2@va.gov.

Patricia Arredondo, Ed.D. President, Chicago Campus. The Chicago School of Professional Psychology 325 N. Wells Chicago, IL 60654 Ofc: (312) 488-6055 Fax: (312) 278-0856 parredondo@thechicagoschool.edu

Sharon Robinson Kurpius, Ph.D. Professor. Counseling and Counseling Psychology. Arizona State University. PO Box 870611 Tempe, AZ 85287-0611. (480) 965-6104. Sharon.Kurpius@asu.edu

Kristina Cooper, Ph.D. Clinical Psychologist. Banner Health Good Samaritan Behavioral Health Center, 925 E McDowell Rd. 4th Floor. Phoenix, AZ 85006. (602) 239-4546. Kris.Cooper@bannerhealth.com