

Emily G. Hervey, Psy.D.

Licensed Clinical Psychologist
VA #0810004668

CURRICULUM VITAE

EDUCATION

Regent University, Virginia Beach, VA (APA Accredited Program)

Degree: Psy.D. in Clinical Psychology
Graduation: August 18, 2012
Dissertation Title: *Supporting Healthy International Family Transition:
A Family Workbook*
Internship: Robert J. Murney Clinic (APA Accredited)

Regent University, Virginia Beach, VA (APA Accredited Program)

Degree: M.A. in Clinical Psychology
Graduation: December 20, 2009

Whitman College, Walla Walla, WA

Degree: B.A. Major in Psychology, with a Minor in Studio Art
Graduation: May 20, 2007
Thesis: *Cultural Transition during Childhood and Adjustment to College*

CURRENT POSITIONS

Wheaton College, Clinical Psychology Doctoral Program

August, 2024 – Present: Wheaton, IL

Visiting Assistant Professor

Duties: Teaches and develops academic courses and provides secondary supervision through the practicum seminar. Leads the Global Mental Health and Healing research lab and supports students in their research. Serves as the Diversity and Justice Coordinator for the program.

Trauma Response Education and Equipping

June, 2015-Present: International

Consultant & Trainer:

Provides training for non-profit organizations and pastors, including psychological first aid, compassion fatigue prevention, self-care, suicide prevention, trauma response, and understanding children's reaction to trauma. Develops and implements curriculum (The Tree of Life) for training leaders in

addressing trauma, resilience, healing, and post-traumatic growth. Conducts program evaluation research to assess the impact of faith-based interventions for the reduction of trauma symptoms and improvement of spiritual well-being. Offers debriefing for survivors of trauma and front-line workers. Locations include high risk areas (Nigeria, northern Iraq), refugee locations (Jordan, USA), training sites for trauma responders (Uganda, Spain, USA), and natural disaster sites (Puerto Rico, Chile).

Regent University, Online

January, 2018 – Present: Ph.D. in Counseling & Psychological Studies

Adjunct Associate Professor

Duties: Chairs dissertation committees, primarily supporting international research. Previously developed and taught courses including Global Mental Health I, Global Mental Health II, Disaster Trauma & Psychological First Aid, Supervision, and Research Methods. Networked with faculty from other universities to discuss the advancement of global mental health education.

Worldwide Writings, LLC

Executive Director, Chief Editor

Duties: Facilitates creation of books through selecting, editing, designing, and managing publication process. Provides editorial services and consultation. Oversees all finances and marketing.

PUBLICATIONS

Peer-Reviewed Journal Articles

Hervey, E. G. (2024). The effects of a spiritually integrated trauma healing program on PTSD symptoms and spiritual well-being in Nigeria. *Spirituality in Clinical Practice*. <https://doi.org/10.1037/scp0000386>

Hervey, E. G. (2023). Spiritually oriented trauma healing in Nigeria: A program evaluation to assess trauma-symptom reduction and spiritual growth. *Journal of Psychology and Theology*. 51(3), 412-428. <https://doi.org/10.1177/00916471221150402>

Hervey, E. G. (2017). Culture, spirituality, self-acceptance, and relationships among Latino students. *Journal of Cross-Cultural Family Studies*, 1.

Hervey, E. G. (2009). Cultural transition during childhood and adjustment to college. *Journal of Psychology and Christianity*, 28, 3-12. <https://doi.org/10.1037/e649172007-001>

Books/Booklets/Book Chapters

Hervey, E. & Mellerstig, D. (2024). Mental Health as Mission: Our Journey into Trauma Training and Care. In K. O'Donnell & M. O'Donnell (Eds.) *Global Member Care: Volume Three*. William Carey Publishing.

Hervey, E. G. (2024). *Light Up or Burn Out: Caring for Self and Others in Times of Crisis*. Worldwide Writings. (In English and Spanish)

Hervey, E. G. (2020). *The Tree of Life Bible Study: Finding Growth in Jesus*. Worldwide Writings.

Hervey, E. G. (2020). *The Tree of Life Bible Study: Finding Healing in Jesus*. Worldwide Writings.

Hervey, E. G. (2020). *Introduction to the Tree of Life Bible Study*. Worldwide Writings.

Hervey, E. G. (2019). *The Tree of Life Instructor's Manual*. Worldwide Writings.

Hervey, E. G. (2015). *The Tree of Life: Finding Healing and Growth in Jesus*. Worldwide Writings.

Hervey, E. G. (2014). *Glorifying God at the Rocks of Remembrance*. Worldwide Writings.

Hervey, E. G. (2012). *Setting Sail: The Family Workbook*. Worldwide Writings.

Hervey, E. G. (2011). Returning to My Parents' Foreign "Home." In G. Bell-Villada, E. N. Orr, F. Eidse, & N. Sichel (Eds.) *Writing Out of Limbo: International Childhoods, Third Culture Kids and Global Nomads*. Cambridge Scholars Publishing.

Sells, J. N., & Hervey, E. G. (2011). Forgiveness in Sexual Abuse: Defining Our Identity in the Journey toward Wholeness. In A. J. Schmutzer (Ed.) *The Long Journey Home: Understanding and Ministering to the Sexually Abused*. Wipf & Stock Publishers.

Magazines

Hervey, E. G. (2010). On the road toward restoration: Faith in the midst of trauma and tragedy. *Faith & Therapy*, 4.

PRESENTATIONS

Hervey, E. G. (March, 2025). *The Tree of Life: A Spiritually Integrated Approach for Trauma Recovery and Resilience*. Presentation at the Christian Association of Psychological Studies Conference in Denver, CO.

Hervey, E. G., & Mellerstig, C. D. (March, 2025). *Light Up or Burn Out: Self-Care Strategies for Those Who Serve the Suffering*. Online webinar for Frontiers' Barnabas Team.

Hervey, E. G., & Mellerstig, C. D. (November, 2024). *Learning from Our Neighbors: How Global Mental Health and Member Care Interact*. Workshop at the Mental Health and Missions Conference in Hurst, TX.

Hervey, E. G. (March, 2024). *Cuidado Para el Cuidador*. Online presentation for support group of Chilean mothers.

Hervey, E. G., & Mellerstig, C. D. (March, 2024). *Comprendiendo el Trauma y Recuperándose de los Desastres*. Training for volunteer responders to Chilean wildfires.

Hervey, E. G., & Mellerstig, C. D. (March, 2024). *Renaciendo de las Cenizas: Un Viaje Hacia Resiliencia y la Renovación*. Presentation for survivors of Chilean wildfires.

Hervey, E. G., & Mellerstig, C. D. (September, 2023). *Bringing Healing and Growth from Trauma*. Online Webinar for Frontiers' Barnabas Team.

Hervey, E. G. (October, 2022). *From Helpless and Hopeless to Empowerment and Restoration*. Workshop provided for The Restoration Act, Sharya, Kurdistan, Iraq.

Hervey, E. G. (October, 2022). *Trauma, Triggers, and Tolerance: Facilitating Relaxation, Recovery, and Regrowth*. Workshop provided for The Restoration Act, Sharya, Kurdistan, Iraq.

Hervey, E. G. & Mellerstig, C. D. (September, 2022). *Helping the Hurting: Inner Healing in Missions*. MAP talk at the New Wineskins Global Missions Conference, Ridgecrest, NC.

Nixon, C. & Hervey E. G. (September, 2022). *Inner Healing*. Plenary session at the New Wineskins Global Missions Conference, Ridgecrest, NC.

Nixon, C., Hervey, E. G., Spradley, K., Whitmer, M., Nixon G., & Temme, M. (September, 2022). *The Transforming Power of Healing*. Two-day pre-conference seminar at the New Wineskins Global Missions Conference, Ridgecrest, NC.

Hervey, E. G. (March, 2022). *Light-Up or Burn Out*. Workshop for Yazidi women, hosted by Dak Organization, Sharya, Kurdistan, Iraq.

Hervey, E. G. (March, 2022). *Understanding Our Roots and Shaping Our Children's Roots*. Workshop for Yazidi mothers of special-education children, hosted by Lighthouse Learning Center, Sharya, Kurdistan, Iraq.

Hervey, E. G. (March, 2022). *Weathering the Storms: Helping the Family in Trauma*. Training for Yazidi staff members, hosted by Dak Organization, Sharya, Kurdistan, Iraq.

Hervey, E. G. (March, 2022). *Preventing Suicide and Responding to Grief*. Training for Yazidi staff members, hosted by Dak Organization, Sharya, Kurdistan, Iraq.

Hervey, E. G. (September, 2021). *Weathering the Storms: Helping the Family in Trauma*. Seminar for Afghan refugees in Fort Pickett, Virginia.

Hervey, E. G. (July, 2021). *Children and Trauma: Understanding Reactions and Responses*. Workshops provided for The Restoration Act and Panaga Organization for Education, Sharya, Kurdistan, Iraq.

Hervey, E. G. (July, 2021). *Psychological First Aid*. Workshop provided for Panaga Organization for Education, Sharya, Kurdistan, Iraq.

Hervey, E. G. (June, 2021). *Self Care: Build Up or Burn Out*. Workshops provided for International Language Center and Panaga Organization for Education, Sharya, Kurdistan, Iraq.

Hervey, E. G. (October, 2020). *Psychological First Aid*. Online Webinar for Frontiers' field workers.

Hervey, E. G. (September, 2020). *Caring for God's Creation: You*. Online Webinar for Frontiers' field workers.

Hervey, E. G. (May, 2019). *Trauma & Compassion: Encountering God's Loving Comfort*. Guest speaker in chapel at ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. (May, 2019). *Humble Leadership*. Guest speaker in chapel at ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. (February, 2018). *Ambassadors: Compelled by Christ's Love*. Guest speaker at the Alpha Youth Retreat, Ventura, CA.

Hervey, E. G. (February, 2018). *Treasure in Earthen Vessels*. Guest speaker at the Alpha Youth Retreat, Ventura, CA.

Hervey, E. G. (February, 2018). *Finding My Identity*. Guest speaker at the Alpha Youth Retreat, Ventura, CA.

Hervey, E. G. (July, 2017). *In the Vine: The Fruit of Love*. Guest speaker at ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. & Mellerstig, D. (July, 2017). *Equipping Leaders Conference*. Three-day seminar for pastors and leaders. Uganda.

Hervey, E. G. (January-February, 2017). *Healing the Wounds of Trauma*. Five-week program training facilitators for the Trauma Healing Institute.

Hervey, E. G. (March, 2015). *Psychological First Aid*. All-day workshop provided at the ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. (February, 2015). *Immanuel: Discovering Life in Jesus*. Two-day seminar provided at the ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. (February, 2015). *Firmly Rooted: Establishing Healthy Psychological, Relational, and Spiritual Roots (3 part series)*. Guest speaker at chapels at ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. (December, 2014). *Evaluating and Equipping: Promoting Hardiness and Healthy Roots*. Invited presentation for pre-field staff at Frontiers, Phoenix, AZ.

Hervey, E. G. (September, 2014). *Sharing in Suffering, Comforting with Compassion*. Invited presentation for ECWA Theological Seminary, Kagoro, Nigeria.

Hervey, E. G. (May, 2013). *Ready for Re-Entry*. Invited presentation for staff at Rift Valley Academy, Kijabe, Kenya.

Hervey, E. G. (July, 2011). *Transitions!* Invited presentation at the Missionary Kid Re-Entry Seminar. Seattle, WA.

Hervey, E. G. (March 2010). *Preparing for International Departure: Equipping Families to Thrive, Not Just Survive*. Presented at Families in Global Transition in Washington, D.C.

Moriarty, G., Hervey, E. G., Shaler, L., & Sierra, T. (October, 2009). *Understanding and Treating Trauma*. Invited presentation at Caribbean Graduate School of Theology. Kingston, Jamaica.

Hervey, E. G. (August, 2009). *Trauma Team to South Africa: Educating, Equipping, & Encouraging*. Invited presentation for "7 M's" breakfast. Virginia Beach, VA.

Hervey, E. G. (January, 2009). *Member Care: Serving Others who Serve God Overseas*. Invited presentation for "7 M's" breakfast. Virginia Beach, VA.

Hervey, E. G. (January, 2009). *Where is Home? Understanding, Appreciating, and Supporting Third Culture Kids*. Cultural Diversity Luncheon Presentation at Regent University. Virginia Beach, VA.

Hervey, E. G. (April, 2008). *MK's in College: Transition and Adjustment*. Workshop taught at Missionary Kids Caregivers Consultation in Kansas City, MO.

Hervey, E. G. (May, 2007). *Cultural Transition During Childhood and Adjustment to College*. Poster presentation at the Western Psychological Association Convention in Vancouver, B.C., Canada.

Radio Presentation:

Hervey, E. G. (January, 2010). *Transitions Research, Parts 1, 2, & 3*. Interviewed by Brent Lindquist for Trans World Radio. Available on Member Care Media:
https://www.membercaremedia.com/?mapgm_episode-cpt=mapgm_episode-224890

DOCTORAL DISSERTATIONS CHAIRED

Achi, E. (March, 2024). *Widowhood in Northern Nigeria: A Holistic Model/Curriculum for Living*. Regent University.

Cooper, J. R. (December, 2023). *Phenomenological Belief Formation in Posttraumatic Stress Disorder*. Regent University.

Madaki, F. A. (November, 2022). *Scaling Up Trauma-Related Mental Health Services for the Internally Displaced Persons of Conflicts in Northeast Nigeria*. Regent University.

Ahime, U. J. (March, 2022). *Nigerian Pentecostal Pastors' Perception of Mental Disorder*. Regent University.

Bresser, K. (March, 2022). *A Quantitative Study of a Faith-based Trauma Healing Intervention Among Kenyans*. Regent University.

HONORS, AWARDS, & GRANTS

John Stott Faculty Grant	2024-2025
Certificate of Appreciation from Green Cross Academy of Traumatology	2020
Latino Leadership Researcher Award	2010
Teacher's Assistant Scholarship	2008-2011
Academic Merit Scholarship at Regent University	2007-2011
AJ Anderson Scholarship at Whitman College	2003-2007
National Merit Scholar	2003
Academic Honoree at IDC Youth Leadership Banquet	2003

ACADEMIC APPOINTMENTS & SERVICE

ECWA Theological Seminary, Kagoro

August, 2014 – 2019: Visiting Lecturer for MA in Psychology & Counselling Program

Duties: Constructed and taught intensive Master's level courses of Introduction to Psychology, Counseling Techniques, Human Crises and Trauma, Human Development, and Psychopathology. Provided seminars on trauma, PFA, and the Immanuel Approach. Spoke in chapel multiple times. Offered consultation on student theses, both for individuals and the general thesis guidelines. Worked with the administration and faculty on curriculum development.

Journal of Cross-Cultural Family Studies

2012-2017: Founder and Chief Editor

Duties: Developed journal, including conducting original research, defining content, recruiting editors, designing logos, and facilitating publication. Oversaw the review, editing, and publishing process.

Regent University, School of Psychology and Counseling

July, 2007 – June, 2011: Teaching and Research Assistant for Dr. Jim Sells; Director of Ph.D. CES.

Duties: Conducted research, analyzed data, and co-authored journal articles. Created and graded tests. Co-authored a book chapter. Edited books and presentations authored by supervisor. Helped facilitate student interviews, yearly student residency, and comprehensive exams. Served as co-instructor for psychological statistics.

CLINICAL & CONSULTING WORK

Anglican Church Consultation: Valparaiso, Chile

January-March, 2024

Duties: Met with pastors impacted by recent church crises and pastors' wives. Provided a retreat for pastors and church members. Facilitated a leadership debriefing and processing session, including construction of common goals and practical steps.

Afghan Refugee Care and Consultation: Ft. Pickett, VA

September 21-29, 2021

Duties: Offered consultation and debriefing for volunteers serving newly relocated Afghan refugees with Millennium Relief and Development Services. Participated in the women's engagement program, addressing practical needs and listening to their stories. Developed and presented material for the Afghan women, including psychoeducation regarding trauma for children and families. Provided consultation for the Public Health Service mental health officers.

Green Cross Field Traumatology Deployment: Holiday Farm Fire, OR

October 8-19, 2020

Duties: Led team in providing debriefing and psychological first aid for community members, volunteers, and first responders in the aftermath of the Holiday Farm Fire. Developed partnerships with Orchid Health and Community Centers. Staffed table at the Multiple Agency Resource Center and shared resources with other agencies.

Green Cross Field Traumatology Deployment: Paradise, CA

December 3-12, 2018

Duties: Developed partnerships with FEMA, the police chaplaincy, and NGOs working in the aftermath of Camp Fire. Staffed station at the Emergency Response Center, providing debriefing for first responders and survivors. Provided support at the response location at city entry for returning owners.

Green Cross Field Traumatology Deployment: San Juan, Puerto Rico

January 1-10, 2018

Duties: Developed partnerships with FEMA and non-profit organizations working in the aftermath of Hurricane Maria. Visited the local hospital, providing debriefing for first responders and survivors. Dialoged with volunteers, who were also survivors, at community events.

Green Cross Field Traumatology Deployment: Oso, Washington

April 12-23, 2014

Duties: Worked with first responders at the site of the mudslide, providing information related to trauma response opportunities to process their experiences. Visited locals affected by the event emotionally, relationally, and practically. Coordinated work at the Emergency Operation Center and interacted with others serving there. Integrated use of comfort dogs in multiple settings.

Tumaini Counselling Centre: Nairobi, Kenya

October, 2012 to September, 2013

Clinical Psychologist

Duties: Provided individual, couples, and family psychotherapy, debriefing, and consultation for clients from non-profit organizations across Africa. Completed psychological tests and wrote integrative reports. Taught seminar on reentry and wrote articles on mental health topics.

Robert J. Murney Clinic, Doctoral Internship: Springfield, MO

September, 2011 to August, 2012

Supervisors: AnnElise Parhurst, Ph.D. & Judith Gonzalez, Psy.D.

Duties: Provided individual, couples, and family psychotherapy, including services in Spanish. Administered and interpreted psychodiagnostic tests and wrote integrative reports. Performed intake services and developed and implemented treatment plans. Served as administrator for community outreach. Offered on-call emergency response. Provided supervision for graduate students seeing clients at the Murney Clinic. Led group supervision at the Multicultural Center.

VOLUNTEER POSITIONS

Worldwide Families, Founder

March, 2009 – Current

Duties: Created a website providing information about and resources for Third Culture Kids, family transitions, and family resilience. Initiated the formation of an interdisciplinary journal for the research of cross-cultural families. Developed and presented a new approach to preparing families for international transitions, including program evaluation.

Gather: Online Thrive Women's Retreat

Annual: 2022, 2023, 2024

Duties: Provided one-on-one counseling for missionary women.

Thrive Women's Retreat

October, 2019

Tallinn, Estonia

Duties: Provided one-on-one counseling for missionary women. Led small groups, facilitating prayer and discussion. Engaged with participants in formal and informal discussions.

MK Re-Entry Seminar

July, 2011

Seattle, Washington

Duties: Served as member of the counseling staff at re-entry program for missionary kids returning for college. Led small groups and provided one-on-one sessions for students. Taught on the topic of transition. Engaged with participants in formal and informal discussions.

Missionary Outreach Support Services: Director of Community Development

October 2007-June 2011

Virginia Beach, Virginia

Duties: Offered long-distance consultation to missionaries currently overseas. Networked with other organizations to provide resource information online. Created "The Haven" to facilitate interaction, mutual support, and sharing of resources for missionaries via the internet. Attended conferences such as the Missionary Kid Caregivers Consultation (April 2008) and Families in Global Transition (March 2009) to represent and promote the organization.

Frontiers: Teacher and Staff Member for Children and Youth Programs

Summers 2000-2007

Arizona, Netherlands, Costa Rica, England, & Thailand

Duties: Taught children of multiple age groups in families preparing to move overseas. Developed and implemented curriculum for the program. Served as a small group leader for teenagers of families currently living overseas. Gave talks to youth, parents, and staff members on children's issues in transitions and needs while overseas.

CERTIFICATIONS & ADDITIONAL TRAINING

Green Cross Academy of Traumatology:

February 23, 2018: Certified Clinical Traumatologist

October 14, 2010: Certified Field Traumatologist

Trauma Healing Institute:

October 8, 2016: Certified Training Facilitator

Critical Incident Stress Management (CISM)

May 3-4, 2016: Emotional and Spiritual Care in Disasters

May 5-6, 2016: Understanding Suicide: Effective Tools for Prevention, Intervention and Survivor Support

May 22, 2010: Grief Following Trauma

The Center for Trauma Studies

March 13, 2009: Treating Sexual Trauma

February 14, 2009: EMDR, Level 1

January 17, 2009: Psychological First Aid

December 6, 2008: Assessment and Treatment of PTSD

November 1, 2008: Compassion Fatigue Therapist

October 25, 2008: Compassion Fatigue Educator

LANGUAGES

Fluent in Spanish and English.