

KATHRYN SAUNDERS, MSW, CSWA, LMSW

• 541.954.3961 • kathrynsaundersmsw@gmail.com •

EDUCATION

Masters of Social Work (MSW)

University of New England, graduated 2017
Biddeford, Maine

Bachelors of Social Work (BSW), Minor in Sociology

George Fox University, graduated Cum Laude 2013
Newberg, Oregon

CERTIFICATIONS

Licensed Master of Social Work (LMSW, M6175)

Clinical Social Work Associate (CSWA, A10730)

Oregon Residential Care Facility (RCF) Administrator (License #NHA-RC-10202061)

Oregon Activity Director Certification (Portland Community College, Completed 2013)

Certification in Servant Leadership (Gonzaga University, Graduated 2021)

ASIST Certified (Applied Suicide Intervention Skills Training, completed 2017)

ALICE Certified (Active Shooter Response Training, 2021)

SOCIAL WORK EXPERIENCE

Washington County Crisis Team (Lifeworks NW) • Hillsboro, Oregon • July 2021- Present

Mental Health Therapist

- Mobile and walk in crisis response assessment and intervention, stabilization, safety planning, referrals and resources for people experiencing mental health crisis and suicidal ideation
- Participates in interdisciplinary crisis management, assists Washington County Sheriff Police with Mental Health Resource Team Support
- Previously MSW Social Work Intern, January 2017-August 2017

Friendsview Retirement Community • Newberg, Oregon • March 2013-June 2021

Community Life Director (2017- 2021)

- Managed department of over 25 staff including social work teams, customer service, health and wellness, fitness, therapeutic recreational therapy, marketing teams
- Supported several community partnerships and hosted educational opportunities within community and at county levels
- Participated as a senior management leader
- Oversaw volunteer and intern programs, students and contracts with various universities and departments
- Systems focused advocacy

Social Worker (2014-2017)

- Facilitated bio-psycho-social assessments, resident care conferences, service planned interventions and treatments, educated staff on resident rights, advocated for residents and families, case management for over 100 residents in health care and 350 independent residents, extensive transitions and admissions coordination

Activity Director (2013-2014)

- Coordinated therapeutic recreation for over 100 residents living in licensed care settings, supervised volunteers and interns, participated in service planning

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SOCIAL WORK EXPERIENCE CONTINUED

Providence ElderPlace • Portland, Oregon • August 2012-May 2013

BSW Social Work Intern

- Practiced medical social work through a PACE model of care, worked with MSW team of social workers, intake and enrollment, performed weekly intakes on participants, assisted elders with socialization with small case load, assisted participants with advance directives
- Helped promote prevention with clients through an agreed model of care in agreement with an interdisciplinary team of professionals

HARSCH Investment Properties HUD Housing, • Portland, Oregon • August 2011-May 2012

BSW Social Work Intern

- Practiced relational one on one case management, resource referrals, and group therapy with a diverse clientele of low income and elder individuals suffering from hardships ranging from mental health disorders, developmental disabilities, and physical impairments. Assist the supervisor of affordable housing with resident activities, as well as service coordination

TEACHING & FACULTY EXPERIENCES

George Fox University • Associate Field Director, Assistant Professor of Social Work, College of Social Work, Mater of Social Work • August 2021-Present

Assisting with the MSW Field Program, coordinating all items related to field. Teaching field seminar classes and providing supervision for program.

George Fox University • Adjunct Faculty • Fall 2017

Social Work Practice with Older Adults, SWRK 410

This course provided a general introduction to the study of aging, older people, and their adaptation to a rapidly-changing world from a social work perspective. Topics examined include aging in America, ageism, dementia, self-determination, sexuality, hoarding, elder abuse, hospice/end of life, and more.

BSW and MSW Individual Social Work Supervision • 2013-Present

Served as both task and field supervisor for both BSW and MSW placements at Friendsview.

BSW Group Supervision and Consultation • Adjunct Faculty

Employed by George Fox University to provide BSW group supervision, most recently January 2021-May 2021.

Guest Speaker and Lecturer:

George Fox University Social Work 180, Social Work with Vulnerable Adults, Panelist on MSW Senior Capstone Classes, Gerontological Social Work Practice, and more.

Portland Community College Gerontology Professional Panel, January 2021

MEMBERSHIP

NASW Oregon and National Association of Social Workers • (Membership #886632934)

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SERVICE & VOLUNTEER EXPERIENCES

Oregon Alzheimer's Association • Portland, Oregon • 2014-Present

Support Group Facilitator, Volunteer

- Facilitates local support group for people caring for loved ones living with dementia, trained by the Alzheimer's Association
- Briefly acted as a facilitator mentor for the Association

Family Life Church • Newberg, Oregon • 2014-Present

- Board Member 2019-Present
- Managed full service coffee shop from 2015-2021

George Fox University School of Social Work Advisory Board Member • 2018-August 2021

Newberg-Dundee Citizens Police Academy • 2015

LEADERSHIP EXPERIENCES

National LeadingAge Larry Minnix Leadership Graduate • 2019

Leadership Academy provided a leadership foundation rooted in reflective practice—developing a deep understanding of one's self, uncovering one's unique leadership attributes, and learning how to stretch and leverage those capacities to have the most impact as leaders. The year-long curriculum drew on adult learning theory to delve into the core principles of reflective leadership through a variety of components. The program emphasized self-exploration and relationship-building to enable participants to embrace diversity of thought, move beyond pre-conceived assumptions and view experiences and those of others as learning opportunities.

LeadingAge Oregon: LeadingAge Oregon is the statewide association of not-for-profit and other mission-directed organizations dedicated to advancing quality aging services in Oregon through advocacy, education and fellowship. LeadingAge advances policies, promotes practices and conducts research that supports, enables and empowers people to live fully as they age.

Served as member of the Annual Leading Age Conference committee for two consecutive years, which included planning the program, selecting speakers and agenda planning, room monitoring and overall assistance.

Leadership Academy Involvement:

Class of 2019-2020 Mentor

Class of 2017-2018 Mentor

Class of 2015-16 Graduate of Program

Friends Services Alliance Leadership Institute Graduate • 2017

Value based, intensive, cohort-style experience, designed to promote leadership practices that resonate in organizations that embrace Quaker values—Presence, Connection, Listening—and where leaders actively and intentionally live these values to shape and nourish the culture of their organizations.